On behalf of the congress organizers and of McGill University, I am proud to welcome you to the 22nd International Congress on Palliative Care.

Join us in honouring and exploring the core values of care, compassion and altruism, as we work together to advance the practice of palliative care on local, regional and global levels.

Bernard J. Lapointe, MD
Director, Palliative Care McGill
Eric M. Flanders Chair in Palliative Medicine
McGill University, Montréal

Official Territorial Acknowledgement & Welcome
The 22nd International Congress and McGill University recognize that we are meeting on Indigenous land. Montréal sits on the traditional territory of the Kanien’kehà:ka (People of the Flint), also known as the Mohawk. The Opening Plenary will therefore begin with a territorial acknowledgement and a blessing by Elder Otsi’tsaken:ra (Charlie Patton). This acknowledgement aims to show recognition of, and respect for, Indigenous Peoples, and their presence both in the past and in the present.

Continuing Education Credits
We have requested study credits for all Physicians and Nurses, as well as Québec Pharmacists, Psychologists and Social Workers. For details, please visit the Web site www.pal2018.com.

Daily sign-in registration will be required in order to receive attestation certificates.
The Congress programme was developed with the help of many individuals who generously shared their expertise to ensure a high level of excellence. The names of the members of the Programme and Senior Advisory Committees, as well as the 109 abstract reviewers, are on the website.
Innovation Challenge 2018

Celebrating Innovation That Is Leading Progress in Palliative Care
Wednesday, October 3 12:40 – 13:50
(L02)
Organized in collaboration with the Canadian Virtual Hospice

Are you or your team innovators? Do you have compelling research, a best practice, an approach, a tool or resource that’s made a difference?

The high-energy Innovation Hour will showcase 6 finalists making 6-minute presentations that put a premium on creativity.

The audience will help determine who is named "International Congress Innovator of the Year 2018" and receives the $1,000 prize sponsored by Canadian Virtual Hospice.

INNOVATORS:
Submit your innovations online at www.PAL2018.com by June 30, 2018!

Gastronomical Pleasures at the End of Life – The French Touch
Friday, October 5, 12:50 – 14:05
(L04)
Organized in collaboration with the Institut de tourisme et d’hôtellerie du Québec (ITHQ)

Eating is synonymous with pleasure, with sharing, with life. Yet the issue of nutrition at the end of life is riddled with tensions between the person concerned, family members and caregivers.

This session will offer creative ideas on how to respond to this challenge.

Jean-Marc La Piana and Patricia Chatrian, La Maison, Gardanne, France
Alain Girard and André Martin, Institut de tourisme et d’hôtellerie du Québec, Montréal, QC, Canada
Laurence Brouard-Trudel, Consultant (graduate of the ITHQ and University of Ottawa), Montréal, QC, Canada
Moderator: Marie-Claude Lavallée, Well-known TV & Radio Host in Québec, Montréal, QC, Canada

LUNCH BOXES
Enjoy the lunchtime activities AND have time to eat your lunch!

Lunch boxes may be purchased for the lunchtime activities Wednesday through Friday. Tickets ($40 CAN each) Must be purchased in advance. See page 66 for details.
Dedicated Poster Session

Thursday, October 4
12:30 – 14:00

Posters covering all aspects of Palliative Care will be displayed throughout the Congress. This session is your chance to meet the authors of your favourite ones.

Exhibit and Poster Display Hall

This gathering place features:

- Over 400 posters covering a broad range of topics
- Exhibits showcasing services, supplies and information to assist palliative caregivers
- A bookstore with a comprehensive selection touching on all aspects of Palliative Care
- Book signings with speakers who have recently published books

Student Section

An opportunity for bachelor’s, master’s and doctoral students, as well as postdoctoral fellows to meet colleagues who share common interests in death, dying and bereavement, and to establish networks for possible future research and clinical collaborations.

Student Forum (D05)
Thursday, October 4,
11:00 – 12:30
See page 38 for details.

Visit the website for details about other student activities and Trainee Poster Awards.
Feel Good
Caring for ourselves is key to being able to care for others. The Congress offers ample opportunity to reconnect with others, restore our inner tranquility and help us achieve a sense of well-being.

Welcome Reception
(included in the Full Congress registration fee)
Tuesday, October 2
17:30 – 19:00
Reconnect with old friends and meet new ones in a relaxing ambiance.

Reflections and Live Music Before Each Plenary: A Long-standing Tradition
Whether performed by a cellist, flutist or guitarist, these mini-concerts, followed by the Reflections—a moving combination of images and music—lead us from the distractions that crowd our minds, into a focused awareness of shared experience.

Self Care Activities
Choose between activities such as yoga, tai-chi or ‘stretch and balance’.
Organized by Hope and Cope, Jewish General Hospital, Montréal

Networking Lunch
Tuesday, October 2 (L01)
12:30 – 14:00
Meet others from around the world who share your interests in palliative care.
Space is limited. Tickets ($33 CAN) must be purchased in advance – See page 66 for details.

A moment of introspection with poetry, images and live music to remember those whom we have lost.
Private Showing of

AURA

Thursday, October 4
20:00 | Montréal’s Notre-Dame Basilica
(additional cost)

A luminous experience in the heart of the Basilica.

Light, orchestral music and grandiose architecture combine to create a unique, three-act multimedia spectacle. Allow yourself to be transported and discover an unexpected, stunning universe presented upon one of the most sublime canvases imaginable: Montréal’s Notre-Dame Basilica.

Space is limited. Tickets ($20.70 CAN) – See page 66 for details.

Open Meeting of the International Palliative Care Family-carer Research Collaboration (IPCFRC)

Wednesday, October 3 | 13:15 – 13:45

Palais des Congrès (room TBA in the on-site programme)
Chair: Professor Peter Hudson (Australia)

The purpose of this meeting is to describe the functions and outcomes of the IPCFRC and to welcome current IPCFRC members and those potentially interested in joining. All Congress delegates are welcome to attend the meeting.

For information:
ipcfrc.centreforpallcare.org

SPECIAL MEETINGS

David Bourke Memorial Public Lecture
What Mortality Can Teach Us About Living

Tuesday, October 2
19:30
See page 13 for details.
Tuesday, October 2, 2018

9:00 – 17:30 CHOICE OF CONCURRENT ALL-DAY SEMINARS (S1, S2, S3, S4, S5, S6 or S7)

9:00 – 10:30 Welcome and Introductions
Revisiting the Previous Seminar
Mary Ellen Macdonald and Franco Carnevale

Dimensions, Definitions and Dissensions in the History of ‘Palliative Care’
David Clark, University of Glasgow, Dumfries, Scotland, United Kingdom

Questions & Discussion

S1 PEDIATRIC PALLIATIVE CARE
Rethinking the "Palliative" in Pediatric Palliative Care: An Interprofessional Examination of "All Things Palliative" in our Research and Practice

Co-Chairs: Mary Ellen Macdonald, McGill University, Montréal, QC, Canada
Hal Siden, BC Children’s Hospital, Canuck Place Children’s Hospice, Vancouver, BC, Canada

Committee: Susan Cadell, University of Waterloo, Waterloo, ON, Canada
Franco Carnevale, McGill University; Le Phare, Enfants et familles, Montréal, QC, Canada

This Pediatrics “Rethinking” Seminar will examine how the construct ‘palliative’ matters in our clinical and research work in Pediatric Palliative Care. From a societal level, we will ask: How might current definitions and interpretations of the word “palliative” affect how care is conceived and delivered in child-focused settings? From a clinical level, we will ask: How might current definitions and interpretations of “palliative” affect how children & youth can access care and how care is delivered to them? In this seminar, we will confront our assumptions and practices, with the goal of resolving tensions, uncovering gaps and imagining future directions together.

9:00 – 10:30 Welcome and Introductions
Revisiting the Previous Seminar
Mary Ellen Macdonald and Franco Carnevale

Dimensions, Definitions and Dissensions in the History of ‘Palliative Care’
David Clark, University of Glasgow, Dumfries, Scotland, United Kingdom

Questions & Discussion

S1 continued on next page
What is ‘Palliative’ Care, Clinically-speaking?
Exploring Myriad Models and Programs
John Lantos, Children’s Mercy Hospital, Kansas City, MO, United States
Kimberley Widger, University of Toronto, Toronto, ON, Canada

Questions & Discussion

Examining the ‘Palliative’ Through a Clinical Lens
Dawn Davies, Children’s Hospital of Eastern Ontario / Roger Neilson House, Ottawa, ON, Canada
Adam Rapoport, Hospital for Sick Children, Toronto, ON, Canada
Other Panelists (TBC)

Questions & Discussion

Examining the ‘Palliative’ Through a Public Health Lens: How Might We Imagine PPC Differently?

Introduction to Public Health Palliative Care
Mary Ellen Macdonald
Foundational Speaker (TBC)

Questions & Discussion

PSYCHOSOCIAL ISSUES
Addressing Trauma and Traumatic Stress in Anticipatory and Post-Death Mourning

Co-Chairs: Chris MacKinnon, McGill University, Montréal, QC, Canada
Marc Hamel, McGill University Health Centre, Montréal, QC, Canada
Zeev Rosberger, Jewish General Hospital, Montréal, QC, Canada
Therese A. Rando, The Institute for the Study and Treatment of Loss, Warwick, RI, United States

Loss and trauma are inherent parts of dying, death, and bereavement. Unfortunately, caregivers often overfocus on loss and neglect both trauma and the unique phenomenon created when trauma and loss combine together, in which successful coping with either one can be compromised. The focus of this seminar is three-fold: To explicate the trauma and traumatic stress present in both anticipatory and post-death bereavement; to identify complications they create; and to outline strategies for addressing them so as to promote healthy mourning. Throughout, there is stress upon integrating thanatology and traumatology at the conceptual and practical levels.

9:00 – 10:30 Core Concepts of Trauma, Traumatic Stress, and Traumatic Bereavement
11:00 – 12:30 Presence of Trauma and Traumatic Stress in Post-Death Acute Grief and Mourning
14:00 – 15:30 Presence of Trauma and Traumatic Stress in Anticipatory Mourning
16:00 – 17:30 Selected Intervention Strategies Addressing Trauma and Traumatic Stress in Anticipatory and Post-Death Mourning
NURSING DAY

Human Relationships: Exploring the Threads of Quality Palliative Nursing Care

Organizers and Co-Chairs:
- Vasiliki Bitzas, Jewish General Hospital, Montréal, QC, Canada
- Maryse Bouvette, Bruyère Continuing Care, Ottawa, ON, Canada
- David K. Wright, University of Ottawa, Ottawa, ON, Canada

In this pre-conference day participants will consider the ways that nurses can engage meaningfully and effectively with patients and families in palliative care. Invited speakers will present on specific communication challenges in palliative nursing, bring awareness to some unique needs of diverse patient populations, and reflect more broadly on care environments as moral communities that foster and constrain nurses’ relational practice.

9:00 – 10:30 Engaging in Family-Centered Communication
Elaine Wittenberg, California State University, Los Angeles, CA, United States

11:00 – 12:30 Nursing Relationships with LGBTQ Patients and Families
Kimberley D. Acquaviva, The George Washington University School of Nursing, Washington, DC, United States

14:00 – 15:30 The Moral Context of Nurses’ Relational Practice
Patricia (Paddy) Rodney, University of British Columbia School of Nursing, Vancouver, BC, Canada

16:00 – 17:30 Nursing in a Context of Neurologic Injury
Marianne Sofronas, Ingram School of Nursing, McGill University, Montréal, QC, Canada

CLINICAL MASTER CLASS

Innovative Approaches to Pain Management

Organizers and Co-Chairs:
- Anna Voeuk, University of Alberta Hospital, Edmonton, AB, Canada
- Leonie Herx, University of Calgary, Calgary, AB, Canada
- Bernard J. Lapointe, McGill University, Montréal, QC, Canada

In cooperation with the Canadian Society of Palliative Care Physicians

Most cases of moderate to severe pain in the palliative setting can be managed through traditional methods of treatment, including opioids and adjuvant medications. However, complex situations warrant consideration of other analgesic interventions or procedures to effectively treat pain – these have been described in the literature as a proposed Step 4 to the World Health Organization (WHO) analgesic ladder. Speakers in this session will review existing evidence and guidelines for innovative approaches to pain management required for more complex situations.

9:00 – 10:30 THE DIFFICULT PAIN SYNDROME
Discussant: Eduardo Bruera, The University of Texas MD Anderson Cancer Center, Houston, TX, United States

PART 1
Interventional Modalities for Cancer Pain Management
Kenneth D. Candido, University of Illinois at Chicago; Advocate Illinois Masonic Medical Center, Chicago, IL, United States

S4 continued on next page
Tuesday, October 2, 2018

S5 Continued

9:00 – 10:30  Low Dose Methadone as a Co-Analgesic
Continued
Eduardo Bruera, The University of Texas MD Anderson Cancer Center, Houston, TX, United States

11:00 – 12:30  PART 2
Old Drugs, New Approaches: Lidocaine
Philippa (Pippa) Hawley, BC Cancer Vancouver Centre, Vancouver, BC, Canada

Old Drugs, New Approaches: Ketamine
Mellar Davis, Geisinger Medical Center, Danville, PA, United States

Questions & Discussion

14:00 – 15:30  TAKING PSYCHEDELICS SERIOUSLY
Ira Byock, Providence Institute for Human Caring, Torrance, CA, United States
Charles S. Grob, Harbor-UCLA Medical Center, Torrance, CA, United States

16:00 – 17:30  CANNABIS AND CANNABINOIDS FOR PAIN MANAGEMENT
Overview and Update on Cannabis Use for Pain. Comments
on Route of Administration and Different Formulations
Mark Ware, Montreal General Hospital, McGill University, Montréal, QC, Canada

Cannabinoids for Cancer Pain: What’s the Buzz?
Paul Daeninck, CancerCare Manitoba, Winnipeg, MB, Canada

Questions & Discussion

S5  PALLIATIVE CARE 101
Using a Palliative Approach to Care:
Any time, Anywhere, for Everyone!

Co-Chairs:  Rose DeAngelis, West Island Palliative Care Residence, Kirkland, QC, Canada
Hitesh Bhanabhai, McGill University Health Centre, Montréal, QC, Canada
Zelda Freitas, CIUSSS du Centre-Ouest-de-l’Île-de-Montréal, Côte Saint-Luc, QC, Canada

In this all-day interactive seminar, participants will gain a better understanding of the differences
between palliative care, end-of-life care and using a palliative approach. Presenters will clarify some
of the myths about palliative care and misperceptions about pain and symptom management.
Participants will experience the challenges of having difficult conversations and advanced care
planning discussions, as well as practice some newly-learned creative methods to self-care. This
session is for any health care professional, in any setting, who works with a population of people
experiencing chronic and/or life limiting illness.

9:00 – 10:30  Introduction to Palliative Care
Hitesh Bhanabhai, McGill University Health Centre, Montréal, QC, Canada

Integrating a Palliative Approach into Practice for Optimal
Symptom Management
Rose DeAngelis, West Island Palliative Care Residence, Kirkland, QC, Canada

S5 continued on next page
Tuesday, October 2, 2018

S5 Continued

11:00 – 12:30 Self-Care & Loss from the Health Care Team’s Perspective
Sarah Tevyaw, West Island Palliative Care Residence, Kirkland, QC, Canada

14:00 – 15:30 Having Difficult Conversations
Zelda Freitas, CIUSS du Centre-Ouest-de-l’Île-de-Montréal, Côte Saint-Luc, QC, Canada

Concepts and Misconceptions about Pain
Cory Ingram, Mayo Clinic, Rochester, MN, United States

16:00 – 17:30 Initiating Advanced Care Planning Discussions
Tamara Sussman, McGill University, Montréal, QC, Canada

S6 COMMUNITY MOBILIZATION

Community Mobilization, Advocacy and Volunteers

Organizers and Co-Chairs:
Suzanne O’Brien, Hope & Cope; The Council on Palliative Care, Montréal, QC, Canada; and Teresa Dellar, West Island Palliative Care Residence, Montréal, QC, Canada

Spend the day with us in dialogue with thought leaders, innovators, community practitioners, volunteers and clinicians who will explore the growing movement towards community mobilization, compassionate communities and broadening the conversation about end-of-life care. The day looks at international, national and local perspectives and programs, lessons learned, future challenges, and invites the audience to bring their own experience of community programs to actively engage with us in case studies and reflection.

9:00 – 10:30 Community Is a Verb
Ira Byock, Providence Institute for Human Caring, Torrance, CA, United States

Death and Community in the UK
Ros Taylor, Royal Marsden Hospital, London, United Kingdom

11:00 – 12:30 Advocacy and Change: What Is Happening at the Canadian Level?
Sharon Baxter, Canadian Hospice Palliative Care Association, Ottawa, ON, Canada
Ian Bos, Aberdeen Palliative Care Society, New Glasgow, NS, Canada
Dawn Cruchet, Madawaska Valley Hospice Palliative Care, Barry’s Bay, ON, Canada

14:00 – 15:30 Bringing It Home: The Montréal Experience and Other Case Studies
Suzanne O’Brien, Hope & Cope; The Council on Palliative Care, Montréal, QC, Canada

16:00 – 17:30 Extending Our Reach: Community Mobilization/Advocacy
Teresa Dellar, West Island Palliative Care Residence, Montréal, QC, Canada
WHOLE PERSON CARE

Developing a Mindful Medical Practice: Experience a Mindfulness-based Mini-course to Help Make You a Better and More Resilient Clinician

Organizers and Co-Chairs:
Tom Hutchinson and Stephen Liben, McGill Programs in Whole Person Care, McGill University, Montréal, QC, Canada

As a clinician, how can I bring my whole personhood to best care for my patients? What might a mindful medical practice that brings well-being to both patient and clinician look like?

Based on a 7-week undergraduate mindful medical practice course, participants will be actively engaged in structured learning activities such as listening exercises, dyad discussions, analyzing videos, narrative processes, guided awareness practices, and opportunities for individual reflection specifically relevant to improving skill and effectiveness in the clinician/patient relationship. You should complete the day having learned something useful for your own clinical work and come away with a sense of whether and how the course may be relevant in your own setting.

9:00 – 10:30 Attention and Awareness
11:00 – 12:30 Congruent Communication
14:00 – 15:30 Challenging Clinical Situations
16:00 – 17:30 Building Resilience

17:30 WELCOME RECEPTION – see page 6
19:30 DAVID BOURKE MEMORIAL LECTURE – see below

David Bourke Memorial Public Lecture

What Mortality Can Teach Us About Living

Tuesday, October 2 | 19:30
McGill University Campus

Ira Byock, Founder/Chief Medical Officer, Providence Institute for Human Caring, Torrance, CA, United States

Dr. Byock is a leading palliative care physician, author, and public advocate for improving care through the end of life.

Congress participants are welcome to attend this free public lecture. However, since space is limited, please RSVP at www.palliativecare.ca/bourke

Organized by:
Le Conseil des soins palliatifs
The Council on Palliative Care
SELF-CARE ACTIVITIES

7:45 – 8:45
RESEARCH FORUM

RF1
Chair: David K. Wright, University of Ottawa, Ottawa, ON, Canada
Discussant: Sheila Payne, Lancaster University, Lancaster, United Kingdom
A) Volunteer Involvement in the Organisation of Palliative Care: Results from a Large-Scale Survey of Healthcare Organisations in Flanders and Brussels
Steven Vanderstichele12, Joachim Cohen1, Yanna Van Wesemael1, Luc Deliens12, Kenneth Chambaere12
1. Vrije Universiteit Brussel, Brussels, Belgium; 2. Ghent University, Ghent, Belgium
B) The Involvement of Cancer Patients in the Four Stages of Decision-making in Continuous Sedation Until Death
Lenzo Robijn12, Jane Seymour1, Luc Deliens12, Ida Korfage1, Jayne Brown1, Peter Pype12, Agnes van der Heide1, Kenneth Chambaere12, Judith Rietjens1
1. Vrije Universiteit Brussel & Ghent University, Brussels, Belgium; 2. Ghent University, Ghent, Belgium
C) Peer-facilitated Public Sessions as a Strategy to Increase Engagement in Advance Care Planning in British Columbia
Rachel Carter12, Eman Hassan1, Doris Barwich12, Jennifer Kryworuchko1, Lawrence Mroz1, Shima Soheilipour1, Richard Sawatzky1, Jessica Simon1, Arminee Kazanjian1
1. BC Centre for Palliative Care, New Westminster, BC, Canada; 2. University of British Columbia, Vancouver, BC, Canada; 3. Trinity Western University, Vancouver, BC, Canada; 4. Providence Health Care Research Institute, Vancouver, BC, Canada; 5. University of Calgary, Calgary, AB, Canada

9:00 – 10:30
OPENING PLENARY

PL1 CARING GLOBALLY
END-OF-LIFE ISSUES AROUND THE WORLD: GATHERING UP THE POSSIBILITIES
David Clark, Professor of Medical Sociology, School of Interdisciplinary Studies, University of Glasgow, Dumfries, Scotland, United Kingdom
Around the world there is increasing interest in end-of-life issues, as the global population ages and grows. In an attempt to make sense of these challenges, the Glasgow End of Life Studies Group has conceptualised a 10-point taxonomy of relevant interventions, defined as ‘organized responses to end-of-life issues’. It opens up the debate about end-of-life interventions in new ways to provide protagonists, activists, policy makers, clinicians, researchers and educators with a comprehensive framework in which to place their endeavours and more effectively assess their efficacy.
THE FIREPLACE: DEATH, GRIEF & HEALING AS A PROCESS OF REBIRTH

Okello Kelo Sam, Former child soldier, Founder of Hope North Uganda, Masindi, Uganda

As one of the tens of thousands of young Ugandans who have been abducted and forced to become child soldiers, Okello Kelo Sam experienced death and loss first-hand. Believing that every child deserves a bright future, he established a school to facilitate the healing of Acholi youth. Hope North is “a school, a home, and a promise” where thousands of orphans, former child soldiers, and young victims of Uganda’s civil war have achieved peace and success through education, inspiration, and personal development. Okello will speak about the power of "doing", and of "community", in dealing with death, and healing.

10:30 – 11:00  BREAK

At 11:00 participants may attend either the Special Seminar “Special Topics in Palliative Care Nursing” (A01/B01/C01), or the Special Seminar “Pharmacotherapy and Palliative Care” (A02/B02/C02), or the Special Seminar “Challenges and Solutions for Palliative Care Research” (A03/B03/C03), all of which continue until 17:30; or alternatively choose from a selection of workshops at 11:00 (A04-A14), at 14:00 (B04-B14) and at 16:00 (C04-C14).

11:00 – 17:30 SPECIAL SEMINAR

A01/B01/C01 SPECIAL TOPICS IN PALLIATIVE CARE NURSING

Exploration of different topics and issues in palliative care nursing, with a special focus on the role and experiences of caregivers, strengths-based approaches to working with patients and families, and bodily dimensions of care before and after death.

(Conducted in English and French with simultaneous interpretation.)

11:00 – 12:30

A01

The Value of a Strengths-Based Nursing Approach in a Palliative Care Setting (Presented in French)

Marie-Michelle Vallières-Noël and Kathia Dorcélus-Cétoute, Jewish General Hospital, Montréal, QC, Canada

14:00 – 15:30

B01

A) "I'd Hold the Mirror so She Could Brush Her Own Hair": Informal Caregivers' Perceptions of Their Role in Providing Personal Care in a Hospice Setting

Lorraine McPherson1,2, Stuart Milligan2, Elaine Stevens2
1. Strathcarron Hospice, Randolph Hill, Denny, Scotland
2. University of the West of Scotland, Paisley, Scotland

B01 continued on next page
Wednesday, October 3, 2018
14:00 – 15:30 – B01 CONTINUED

B) "For the Longest Time I Don’t Think I Was Breathing into my Chest": Embodying Mindfulness in Palliative Care Nursing
Lacie White, University of Ottawa, Ottawa, ON, Canada

16:00 – 17:30

C01
Beyond the Basics: a (Re)Focus on the Body in End-of-Life Care

A) Mouth Care
Maryse Bouvette, Bruyère Continuing Care, Ottawa, ON, Canada

B) Bodily Care
Vasiliki Bitzas, Jewish General Hospital, Montréal, QC, Canada

C) After-Death Care
David K Wright, University of Ottawa, Ottawa, ON, Canada

11:00 – 17:30 SPECIAL SEMINAR

A02/B02/C02 PHARMACOTHERAPY AND PALLIATIVE CARE
Organizers & Co-Chairs:
Andrée Néron, Centre hospitalier de l’Université de Montréal, Montréal, QC, Canada
Dominique Dion, Hôpital Maisonneuve-Rosemont, CIUSSS de l’Est-de-l’Île-de-Montréal, Montréal, QC, Canada

The pharmacological approach in palliative care can represent a major challenge. It must adapt to complex, unusual clinical situations that are not covered by standard guidelines. In this seminar, experts will discuss the latest data on a variety of subjects, such as cannabinoids, optimizing medication in specific clinical situations, appropriate use of thromboprophylaxis, and the multimodal approach to constipation.

11:00 – 12:30

A02 Current and Future Therapies: A Global Approach to Constipation in Palliative Care – What the Clinician Should Know Before Prescribing
Alain Watier, Centre hospitalier universitaire de Sherbrooke, Sherbrooke, QC, Canada
Tanya Gutierrez, Clinique Pelvi-Santé, Brossard, QC, Canada

14:00 – 15:30

B02 Thromboprophylaxis in Palliative Care
Vicky Tagalakis, McGill University Health Centre, McGill University, Montréal, QC, Canada

Challenges in Medication Management in Advanced (but Not Terminal) Illness – At Home
Mary Lynn McPherson, University of Maryland School of Pharmacy, Baltimore, MD, United States

16:00 – 17:30

C02 Challenges in Medication Management in Advanced (but Not Terminal) Illness – In Hospital
Mary Lynn McPherson, University of Maryland School of Pharmacy, Baltimore, MD, United States

Cannabinoids in Clinical Practice: From Bench to Bedside
Danial Schecter, Cannabinoid Medical Clinic, Toronto, ON, Canada
11:00 – 17:30 SPECIAL SEMINAR
A03/B03/C03 CHALLENGES AND SOLUTIONS FOR PALLIATIVE CARE RESEARCH
Organizers & Co-Chairs:
Robin Cohen, McGill University, Montréal, QC, Canada
James Downar, University of Toronto, Toronto, ON, Canada
This seminar will address some of the specific challenges in conducting palliative care research and introduce participants to methodologies and methods well suited to meeting these challenges. With plenty of time for discussion, the seminar provides a rare opportunity for researchers and invited speakers to discuss together the problems we face and solutions we’ve found to conducting quantitative, qualitative, and multi-site research in palliative care.

11:00 – 12:30
A03 Challenges in Conducting Quantitative Research on P/EOL
Hsien Seow, McMaster University, Hamilton, ON, Canada

14:00 – 15:30
B03 Interpretive Description: A Practice-based Qualitative Methodology
Sally Thorne, University of British Columbia, Vancouver, BC, Canada

16:00 – 17:30
C03 Research Collaboratives and Clinical Trials Groups: Keys to Success and Avoiding Pitfalls
David Currow, IMPACCT, University of Technology Sydney, Sydney, Australia
Sheila Payne, International Observatory on End of Life Care, Lancaster University, Lancaster, United Kingdom

11:00 – 12:30 CHOICE OF SPECIAL SEMINARS (A01, A02 or A03) OR CONCURRENT WORKSHOPS (A04 – A14)

A01 SPECIAL SEMINAR: SPECIAL TOPICS IN PALLIATIVE CARE NURSING
(Part 1 – see box on page 15 – presented in French)

A02 SPECIAL SEMINAR: PHARMACOTHERAPY AND PALLIATIVE CARE
(Part 1 – see box on page 16)

A03 SPECIAL SEMINAR: RESEARCH METHODOLOGY
(Part 1 – see box above)

A04 WORKSHOP/PROFFERED PAPERS – PEDIATRIC PALLIATIVE CARE
A 45-minute workshop, and two 15-minute presentations, each followed by a 5-minute question period

A) Are You Ready to Meet the Pediatric Palliative Care Needs of the Future?
Jayne Grant1, Deborah McGirr2, Cari Malcom2
1. Children’s Hospices Across Scotland, Edinburgh, Scotland
2. Napier University, Edinburgh, Scotland
A dynamic and interactive workshop where delegates will have the opportunity to discuss and debate the implications of an education scoping exercise to improve children and young people’s palliative care practice.

A04 continued on next page
B) Caring for a Child with a Complex Chronic Condition: Parent-Reported Burden and Quality of Life
Andrea Postier1, Alison Kolste1, Craig Schulz2, David Watson1, Nikki Braaten1, Kris Catrine1,2, Stefan Friedrichsdorf1,2
1. Children’s Hospitals and Clinics of Minnesota, Minneapolis, MN, United States
2. University of Minnesota, Minneapolis, MN, United States

Nicky Bridges, Children’s Hospices Across Scotland, Scotland

A05 WORKSHOP/PROFFERED PAPERS – DEATH PREPAREDNESS AND ANTICIPATORY LOSS
A 45-minute workshop, and two 15-minute presentations, each followed by a 5-minute question period

A) Integrating Anxiety Management Techniques into Palliative Care
Therese A. Rando, The Institute for the Study and Treatment of Loss, Warwick, RI, United States
Caregivers can be helpful in alleviating the anxious distress of patients in palliative care and their families/friends by integrating clinical and evidenced-based anxiety management techniques into their work. Many of these are quick and easy interventions that can offer substantial relief. This workshop will identify a variety of effective ones.

B) How Do Family Caregivers Prepare for Death and Bereavement in Dementia? A Concept Analysis
Pamela Durepos1,2, Sharon Kaasalainen1, Jenny Ploeg1, Tamara Sussman3, Noori Akhtar-Danesh1
1. McMaster University, Hamilton, ON, Canada; 2. Hamilton Health Sciences Corporation, Hamilton, ON, Canada; 3. McGill University, Montréal, QC, Canada

C) Understanding the Last Days and Hours of Life Using Narrative Inquiry: Stories of Family and Friends
Kathleen Charlebois1, David Kenneth Wright2, Susan Law3
1. St. Mary’s Research Centre, Montréal, QC, Canada; 2. University of Ottawa, Ottawa, ON, Canada; 3. Institute for Better Health-Trillum Health Partners, Mississauga, ON, Canada

A06 PROFFERED PAPERS – ARTS AND HUMANITIES
A series of 15-minute presentations, each followed by a 5-minute question period

A) The Narrative Effects of the Haiku-based Poetry Technique in Palliative Care
Alfonso Santarpia, Aix-Marseille Université, Aix-en-Provence, France

B) The Effect of a Dharma Creative Art Therapy Program Among Cancer Patients Receiving Palliative Care
Sureeporn Thanasilp1, Kotchakorn Voraakhom2, Prim Pisolyabutra2, Rattana Panriansaen3, Wilailuck Tantitratkul4, Lanchasak Akkaayagorn5
1. Chulalongkorn University, Bangkok, Thailand; 2. Artfield Creative Therapy, Bangkok, Thailand; 3. Suan Sunandha Rajabhat University, Thailand; 4. Hospital of Excellence in Thai Traditional and Complementary Medicine, Bangkok, Thailand; 5. King Chulalongkorn Memorial Hospital, Bangkok, Thailand

C) Can Art Change the Image of Old Age?
Sverre Chr. Wilhelmsen, Hanne Jones, Stein B. Husebø, Eirin Hillestad, Julie Tessem, Gro Helen Dale, The Dignity Center – Care for the Elderly, Bergen, Norway
D) To Go Down into the Deep Places: Gathering Wisdoms from the Artist Emily Carr to Enliven Our Healing Practices
Sheryl Shermak, Island Health, Central Vancouver Island Region and University of Victoria, Victoria, BC, Canada

A07 PROFFERED PAPERS – HOSPICE/ COMMUNITY-BASED PALLIATIVE CARE
Three 20-minute presentations, each followed by a 10-minute question period

A) Feasibility of Different Action-oriented Techniques Used with Patients, Family and Staff in Sweden to Improve the End-of-life Care Environment in an Action-research Project
Ida Goliath1,2, Olav Lindqvist1,3, Carol Tishelman4
1. Karolinska Institutet, Stockholm, Sweden; 2. Ersta Hospital, Hospice, Stockholm, Sweden; 3. Umeå University, Umeå, Sweden; 4. Karolinska University Hospital, Stockholm, Sweden

B) Managing Opioids in Cancer Survivor Pain: An Ongoing Challenge
Ramandeep Kaur, Sean O’Mahony, Erin Bagwell, Rush University Medical System, Chicago, IL, United States

C) Life, Living, and Legacy: Thinking Differently About How We Approach End-of-Life Care
Michael Bennett, The Hospice of Windsor and Essex County, Inc., and University of Windsor, Windsor, ON, Canada

A08 WORKSHOP/PROFFERED PAPERS – PALLIATIVE CARE FOR UNDERSERVED POPULATIONS
A 45-minute workshop, and a 15-minute presentation followed by a 5-minute question period

A) Living on the Fringe: Providing Palliative Care to the Homeless and Unbefriended Patient
Donna Zhukovsky1, Myra Glajchen2, Erica Wilson3
1. University of Texas MD Anderson Cancer Center, Houston, TX, United States; 2. MJHS Institute for Innovation in Palliative Care, New York, NY, United States; 3. Massachusetts General Hospital, Boston, MA, United States

Homeless individuals encounter numerous barriers to palliative care. We will describe the population, identify barriers to care, review decision-making procedures for ‘isolated’ persons and highlight strategies to facilitate end-of-life care.

B) Palliative Care for Underserved Populations in Australia: Homeless Persons. A Discourse-Historical Approach
Katrina Récoché, Margaret O’Connor, Rosemary Clerehan, Monash University, Melbourne, VIC, Australia

A09 PROFFERED PAPERS – EXAMPLES OF CANADIAN LEADERSHIP
A series of 15-minute presentations, each followed by a 5-minute question period

A) Palliative Care Quality Standard: Guiding Evidence-based, High-quality Palliative Care in Ontario
Lisa Ye1, Ahmed Jakda2, Melody Boyd4, Tara Walton1, Naira Yeritsyan1, Candace Tse1, Lacey Phillips1, Taylor Martin3, Deanna Bryant3
1. Health Quality Ontario, Toronto, ON, Canada
2. Ontario Palliative Care Network, Toronto, ON, Canada
3. Ontario Palliative Care Network Secretariat, Toronto, ON, Canada
4. Royal Victoria Regional Health Centre, Barrie, ON, Canada

A09 continued on next page
B) The Canadian Network of Palliative Care for Children: Help Us Grow
Christina Vadeboncoeur1,2, Gurjit Singh3,5
1. Children’s Hospital of Eastern Ontario, Ottawa, ON, Canada; 2. Roger Neilson House, Ottawa, ON, Canada; 3. University of Ottawa, Ottawa, ON, Canada; 4. Trillium Health Partners, Mississauga, ON, Canada; 5. University of Toronto, Toronto, ON, Canada

C) Spreading Innovation in Palliative and End-of-life Care – Paramedics Providing Palliative Care Services
Elan Graves1, Raquel Shaw Moxam2
1. Canadian Foundation for Healthcare Improvement, Ottawa, ON, Canada
2. Canadian Partnership Against Cancer, Toronto, ON, Canada

D) Caring for People at the End of Life and for the Health System: Reflection from a Social Worker Three Years after the Adoption of the Law Concerning End-of-Life Care in Québec
Patrick Durivage1, Zelda Freitas1, Patricia Friesen1, Bilkis Vissandjee2
1. Centre de recherche et d’expertise en gérontologie sociale, CIUSSS du Centre-Ouest-de-l’Île-de-Montréal, Montréal, QC, Canada; 2. Université de Montréal, Montréal, QC, Canada

A10 PROFFERED PAPERS – PSYCHOSOCIAL ISSUES
A series of 15-minute presentations, each followed by a 5-minute question period

A) Suffering, Hope and Healing: Psychotherapeutic and Ethical Issues at End of Life
Cheryl Nekolaichuk, University of Alberta; Palliative Institute, Covenant Health; Grey Nuns Community Hospital, Edmonton, AB, Canada

B) The Pathless Path: Psychosocial Rounds in Palliative Practice
Flannery Fielding, Cathy Luck, Kyle Neale, Cleveland Clinic, Cleveland, OH, United States

C) Learning from Experiences of Feeling Heard: A Qualitative Study of Hospice Palliative Care Volunteers
Robert Mundle, Providence Care Hospital, Kingston, ON, Canada

D) How to Promote the Integration of Volunteers in Palliative Care? Views of a Volunteer Team and a Psychologist
Philippe Laperle1, Deborah Ummel2
1. Université de Montréal, Montréal, QC, Canada
2. Université de Sherbrooke, Sherbrooke, QC, Canada

A11 WORKSHOP/PROFFERED PAPERS – PALLIATIVE CARE DURING HUMANITARIAN CRISES
A 45-minute workshop, and two 15-minute presentations, each followed by a 5-minute question period

A) Approaches to Palliative Care in the Context of Humanitarian Relief: Perspectives from the Field
Elisha Waldman1, Joan Marston2, Lisa Schwartz3, Megan Doherty4
1. Lurie Children’s Hospital of Chicago, Chicago, IL, United States; 2. Sunflower Children’s Hospice, Bloemfontein, South Africa; 3. McMaster University, Hamilton, ON, Canada; 4. Children’s Hospital of Eastern Ontario/Roger Neilson House, University of Ottawa, ON, Canada

A panel of clinicians involved in palliative care in the context of humanitarian aid in various settings will discuss their own experiences as well as engage the audience in discussion.
**Wednesday, October 3, 2018**

**A11 CONTINUED**

**B) Palliative Care in the Post-Conflict Setting: Sri Lanka**
Jonathan Pearce1,2, Erin Pearce3

1. Providence Health Care, Vancouver, BC, Canada; 2. University of British Columbia, Vancouver, BC, Canada; 3. Two Worlds Cancer Collaboration, Parksville, BC, Canada

**C) "Nothing in the World Can Serve Those People Like Palliative Care": Results from a Qualitative Study on Palliative Care for Refugees in Jordan and Rwanda**
Sonya de Laat1, Olive Wahoush1, Wejdan Khater2, Emmanuel Musoni3, Ibraheem Abu-Siam2, Kevin Bezanson1, Elysee Nouvet3, Matthew Hunt1, Carrie Bernard1,2, Rachel Yantzi1, Laurie Elit1, Lynda Redwood-Campbell1, Ross Upshur4, Lisa Schwartz1


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**A12 PROFFERED PAPERS – PROGRAMME DEVELOPMENT**

A series of 15-minute presentations, each followed by a 5-minute question period

**A) The Summer Student Program: An Innovative Way to Engage Teenagers to Learn About Palliative Care and Increase Their Community Involvement**
Rose DeAngelis, Teresa Dellar, The West Island Palliative Care Residence, Kirkland, QC, Canada

**B) The Freeman Centre for the Advancement of Palliative Care: Sharing an Innovative Model of Palliative Care Delivery**
A.M. Nina Horvath1,2, Archna Patel1,2

1. North York General Hospital, Toronto, ON, Canada
2. University of Toronto, Toronto, ON, Canada

**C) Palliative Care Matters: Commitment to Action Toward an Integrated Palliative Care Strategy for Canada**
Konrad Fassbender1,2, Wonita Janzen2, Michelle Sims2, Carleen Brenneis2, Karen Macmillan1

1. Covenant Health, Edmonton, AB, Canada
2. University of Alberta, Edmonton, AB, Canada

**D) A Centralized Management Model for Cancer Palliative Care Service Delivery: A Framework and Case Study**
Mohammad Reza Sharbafchi1,4, Ahmad Reza Pourghaderi2,4, Suzanne Hojjat-Assari1,4, Homayoon Naji Esfahani1,4

1. Isfahan University of Medical Sciences, Isfahan, Iran; 2. National University of Singapore, Singapore; 3. French transfusion organization, Paris, France; 4. ALA Cancer Prevention and Control Center (MACSA), Tehran, Iran

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**A13 PROFFERED PAPERS – CARE AT HOME**

A series of 15-minute presentations, each followed by a 5-minute question period

**A) Our Lives of Knowing, Choosing, Caring and Sustaining: Relational Understandings of Mothers and Daughters’ in Advanced Illness, End of Life and Bereavement**
Pamela Grassau1,2, Shauna Daly2,3, Joni Feldman4, Lisa Shishis5, Tara Tucker6,7

1. Carleton University, Ottawa, ON, Canada; 2. Bruyère Research Institute, Ottawa, ON, Canada; 3. Hospice Care Ottawa, Ottawa, ON, Canada; 4. Palliative Care and Geriatric Specialist Social Worker, Ottawa, ON, Canada; 5. Champlain Hospice Palliative Care Program, Ottawa, ON, Canada; 6. Community Palliative Care Physician, Ottawa, ON, Canada; 7. Therapy for Grief, Loss, Life Transitions, Ottawa, ON, Canada

**A13 continued on next page**
B) What Interplay of Factors Influences the Place of Death in Cancer Patients? An Innovative Probabilistic Approach Sheds Light on a Well-known Question
Heidi Kern1, Giorgio Corani2, David Huber2, Nicola Vermes2, Marco Zaffalon2
1. Associazione Triangolo, Ticino, Switzerland
2. IDSIA, Dalle Molle Institute for Artificial Intelligence, Ticino, Switzerland

C) Barriers for the Early Integration of Palliative Home Care into the Disease Trajectory of Advanced Cancer Patients: A Focus Group Study with Palliative Home Care Teams
Naomi Dhollander1, Aline De Vleminck1, Luc Deliens1,2, Simon Van Belle1,2, Koen Pardon1
1. Vrije Universiteit Brussel & Ghent University, Brussels, Belgium
2. Ghent University Hospital, Ghent, Belgium

D) The Essential Role of Emergency Department in the Implementation of End-of-Life Care in Iran
Abdolrahim Hazini1, Ensieh Ghaffari Shad2, Sona Ziaehezarjaribi3, Hosniyeh Soleymanzadeh4
1. Firoozgar Hospital, Iran University of Medical Sciences, Tehran, Iran; 2. Ayatollah Kashani Hospital, Tehran University of Medical Sciences, Tehran, Iran; 3. Raazi Hospital, Ghaemshahr, Mazandaran University of Medical Sciences, Mazandaran, Iran; 4. Neuromusculoskeletal Research Center, Iran University of Medical Sciences, Tehran, Iran

A14 PRÉSENTATIONS COURTES ET ATELIER – SOINS PALLIATIFS PRÉCOCES
Deux exposés de 15 minutes, chacun suivi d’une période de questions de 5 minutes, et un atelier de 45 minutes

A) Développement des soins palliatifs précoces : difficultés et challenges
Antoine Lemaire1, Alexis Burnod2
1. Centre Hospitalier de Valenciennes, Valenciennes, France; 2. Institut Curie, Paris, France

B) Consultation commune précoce oncologique et palliative dans la prise en charge des patients atteints de mélanome uvéal métastatique : à propos d’une série prospective de 60 patients.
Alexis Burnod, Lorraine Waechter, Timothée Marchal, Carole Bouleuc, Sophie Piperno, Institut Curie, Paris, France

C) Développement de partenariats cliniques pour favoriser une approche palliative intégrée en insuffisance cardiaque avancée
Anie Brisebois, Émilie Caplette, Émilie Lacharité St-Louis, Martine Lacroix, Julie Sirois Leclerc, Institut de cardiologie de Montréal, Montréal, QC, Canada
Développement de partenariats cliniques afin d’améliorer l’accès aux soins palliatifs, la continuité de soins et le maintien à domicile des patients en insuffisance cardiaque avancée lorsque l’approche palliative est privilégiée.
14:00 – 15:30 CHOICE OF SPECIAL SEMINARS (B01, B02 or B03) OR CONCURRENT WORKSHOPS (B04 – B14)

B01  SPECIAL SEMINAR: SPECIAL TOPICS IN PALLIATIVE CARE NURSING
(Part 2 – see box on page 15)

B02  SPECIAL SEMINAR: PHARMACOTHERAPY AND PALLIATIVE CARE
(Part 2 – see box on page 16)

B03  SPECIAL SEMINAR: RESEARCH METHODOLOGY
(Part 2 – see box on page 17)

B04  PROFFERED PAPERS – PEDIATRIC PALLIATIVE CARE – BEREAVEMENT
A series of 15-minute presentations, each followed by a 5-minute question period
A) "A Legacy to My Child": The Perspectives and Opinions of Bereaved Parents
as Stakeholders
Claude Julie Bourque, Sonia Dahan, Martin Reichherzer, Ginette Mantha, Annie Janvier
1. Université de Montréal, Montréal, QC, Canada; 2. CHU Sainte-Justine, Montréal, QC, Canada;
3. Préma-Québec, Longueuil, QC, Canada

B) The Best Memories Are the Ones We Make Together: How to Enhance
Memory Making Experiences in Neonatal Palliative Care
Eilidh Grant, Evelyn Rodger, Children’s Hospices Across Scotland, Scotland

C) There’s a Hashtag for That: Modern Grief Support in the Age of the Internet
Erin Kwolek, Megan Miller
1. Alberta Children’s Hospital, Calgary, AB, Canada
2. University of Calgary, Calgary, AB, Canada

B05  A) A New Biography of Cicely Saunders – The Writer’s Journey
David Clark, University of Glasgow, Dumfries, Scotland, United Kingdom
Cicely Saunders – a life and legacy (Oxford University Press 2018) marks the centenary
of her birth and completes my trilogy of works, which also includes the publication of
Cicely Saunders’ selected letters (2002) and publications (2006). With the consolidation
of the Cicely Saunders archive it has been possible to provide a more detailed and
nuanced account of her life and contribution. I also draw on over 20 interviews conducted
with Cicely Saunders in the last years of her life, and recorded with a posthumous
biography in mind, as well as a wide range of other oral history material. Despite the
richness and range of the source materials, there were many challenges involved in such
a work, not least the daunting prospect of making sense of the life and contribution of a
pivotal figure in the development of modern hospice and palliative care, and the field of
modern health-care as a whole.

B) QELCA©: An International Collaboration to Improve Quality of Care Using
a Participatory Approach to End-of-Life Education
Liz Bryan, Rose DeAngelis
1. St. Christopher’s Hospice, London, United Kingdom
2. The West Island Palliative Care Residence, Kirkland, QC, Canada

QELCA© (Quality End of Life Care for All) is an innovation in end-of-life care education
originating from St. Christopher’s, London, that not only impacts on the behaviours
of individual learners but empowers them to lead on significant change within their
organisations.
B06 A) Mindful Journeys: An Innovative Approach to Helping and Healing for Patients and Parents of Children Facing Loss
David Steinhorn1,2, Jana Din3
1. Children’s National Medical Center, Washington, DC, United States
2. George Washington University School of Medicine, Washington, DC, United States
3. Tao Center for Healing, Sacramento, CA, United States
Participants will learn and experience how traditional, indigenous methods can help a family member move into a quiet, mindful state in which new insights can be gained regarding critical decisions.

B) "Your Hands Are Taking The Pain Away": Integrating Massage Therapy for Hospitalized Palliative Care Patients
Anne Kelemen1, Lauren Cates2, Hunter Groninger1
1. MedStar Washington Hospital Center, Washington, DC, United States
2. Healwell, Arlington, VA, United States
This interactive workshop will explore one institution’s experience of integrating therapeutic massage for hospitalized palliative care patients. Results from two massage studies will be discussed.

B07 PROFFERED PAPERS – PALLIATIVE CARE DURING HUMANITARIAN CRISSES
Three 20-minute presentations, each followed by a 10-minute question period

A) Palliative Care in the Midst of Conflict: Experiences in an Emergency Field Hospital in Northern Iraq
Anna Voeuk, University of Alberta, Edmonton, AB, Canada

B) Negotiating and Navigating Access to Refugees and Residents While Researching Palliative Care in Humanitarian Crisis Situations: Results from Four Case Studies
Olive Wahoush1, Wejdan Khater2, Malek Alnajar2, Ibraheem Abu-Siam6, Sonya Delaat1, Emmanuel Musoni1, Kevin Bezanson3, Elysee Nouvet1, Carrie Bernard14, Laurie Elit1, Lynda Redwood Campbell1, Ross Upshar2, Rachel Yantzi1, Matthew Hunt2, Lisa Schwartz1
1. McMaster University, Hamilton, ON, Canada
2. McGill University, Montréal, QC, Canada
3. Western University, London, ON, Canada
4. University of Toronto, Toronto, ON, Canada
5. Northern Ontario School of Medicine, Thunder Bay, ON, Canada
6. Jordan University of Science and Technology, Irbid, Jordan
7. The University of Jordan, Amman, Jordan
8. University of Rwanda, Kigali, Rwanda

C) Palliative Care During a Humanitarian Crisis: Experience from the Rohingya Refugee Camps in Bangladesh
Megan Doherty1234, Farzana Khan5
1. Children’s Hospital of Eastern Ontario, Ottawa, ON, Canada
2. Roger Neilson House, Ottawa, ON, Canada
3. University of Ottawa, Ottawa, ON, Canada
4. World Child Cancer, London, United Kingdom
5. Fasiuddin Khan Research Foundation, Dhaka, Bangladesh

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**B08 PROFFERED PAPERS – PALLIATIVE CARE IN LONG-TERM CARE**
A series of 15-minute presentations, each followed by a 5-minute question period

A) Palliative Care Leadership in Long-Term Care: Who Are the Leaders and What Are Their Capabilities?
**Shereen Jonathan**, Kathryn Pfaff, Lisa Hamilton, Elizabeth Bull, Madison Broadbent, Jean Echlin, *University of Windsor, Windsor, ON, Canada*

B) Implementing a Palliative Approach in Long-term Care: A Program Evaluation
**Sharon Kaasalainen¹**, Tamara Sussman³, Genevieve Thompson⁶, Paulette Hunter¹, Shane Sinclair⁶, Lorraine Venturato⁰, Lynn McCleary³, Patricia Strachan¹, John You¹, Valerie Bourgeois-Guerin¹, Robin Bonifas⁶, Deborah Parker³
1. McMaster University, Hamilton ON, Canada; 2. McGill University, Montréal, QC Canada; 3. University of Technology Sydney, Sydney, NSW, Australia; 4. St Thomas More College, University of Saskatchewan, Saskatoon, SK, Canada; 5. University of Manitoba, Winnipeg, MB, Canada; 6. University of Calgary, Calgary, AB, Canada; 7. Brock University, St. Catharines, ON, Canada; 8. Arizona State University, Tempe, AZ, United States; 9. University of Québec at Montréal, Montréal, QC, Canada

C) Advance Care Planning and Goals of Care Discussions in Long-term Care: Results of a Survey of Clinician Barriers and of Power of Attorney (POA) Reports of Prior Discussions
**Henry Yu-Hin Siu¹**, Neha Arora¹, Dawn Elston¹, Karla Lancaster¹, Asaanth Sivajohan¹, Amie Vahrmeyer², Michelle Howard¹
1. McMaster University, Hamilton, ON, Canada; 2. Extendicare Assist, Markham, ON, Canada

**B09 PROFFERED PAPERS – COMPASSIONATE COMMUNITIES**
A series of 15-minute presentations, each followed by a 5-minute question period

A) The Home Visit Team: Correcting the Wrong Beliefs About Cancer and Motivating Cancer Patients to Undergo Medical Treatment
**Nadia Maria**, Swara Mega Hazanah, Garwita Institute, Jember, East Java, Indonesia

B) hospice@HOME – A Disruptive Home-based Palliative Care Model with Universal Application
**Kim Macgowan**, Hobart District Nursing Service Inc., Moonah, TAS, Australia

C) Retirees, Dementia Patients and Teens – What Do They All Have in Common?
**Dawn Cruchet**, Karen Wagner, Madawaska Valley Hospice Palliative Care, Barry’s Bay, ON, Canada

**B10**

A) The Power of Our Words: Cultivating Word Choice in Patient Centered Care
**Terry Altilio¹**, Anne Kelemen², Nneka Sederstrom³, **Hunter Groninger⁴**
1. Mount Sinai Beth Israel Medical Center, New York, NY, United States; 2. MedStar Washington Hospital Center, Washington, DC, United States; 3. Minnesota Children’s Hospital, Minneapolis, MN, United States; 4. Georgetown University Medical Center, Washington, DC, United States

Using patient videos, examples of chart documentation, and audience response technology, this interactive workshop engages participant consideration of unconscious bias in word choice, medical education initiatives, and institutional culture change.

B) Writing New Metaphors for Cancer and Advanced Illness
**Kyra Harris¹²**, Lisa Faden¹
1. Western University, London, ON, Canada
2. London Health Sciences Centre, London, ON, Canada

How do healthcare providers metaphorize cancer without invoking the image of the battle, intruder, or opponent? Through collaborative creative-writing, participants in this workshop will explore new metaphors for advanced illness.
Wednesday, October 3, 2018

**B11 PROFFERED PAPERS – BEREAVEMENT**
A series of 15-minute presentations, each followed by a 5-minute question period

A) Grief and Medical Assistance in Dying: Lessons Learned from Oregon  
*Erica Srinivasan, University of Wisconsin, La Crosse, WI, United States*

B) "The Pain of the Tattoo Was a Relief": Advancing a Theory of Embodied Pain in a Study of Memorial Tattoos  
*Susan Cadell1, Melissa Reid Lambert2, Mary Ellen Macdonald3, Deborah Davidson4, Marcel O’Gorman1, Melanie Baljko4*  
1. University of Waterloo, Waterloo, ON, Canada  
2. Calming Tree Counselling, Kitchener, ON, Canada  
3. McGill University, Montréal, QC, Canada  
4. York University, Toronto, ON, Canada

C) 'Mourning Walk': An Innovative Bereavement Group Model  
*Milani Sivapragasam1,2, Alice Lehrer2, Constance Sobsey3, Suzanne O’Brien3*  
1. McGill University, Montréal, QC, Canada  
2. Hope & Cope, Jewish General Hospital, Montréal, QC, Canada  
3. Lady Davis Institute, Jewish General Hospital, Montréal, QC, Canada

**B12 PROFFERED PAPERS – PROGNOSTIC MODELS, ACCESS TO CARE**
A series of 15-minute presentations, each followed by a 5-minute question period

A) Determining the Value of Routine Palliative Prognostic Index (PPI) Calculations in a Palliative Care Unit  
*Darshit A. Thaker1,2, Arron Veltre1, Angela Smith1, Clinton Orth1, Bruce Stafford1*  
1. Redcliffe Hospital, Redcliffe, QLD, Australia  
2. Royal Brisbane & Women’s Hospital, Brisbane, QLD, Australia

B) The Role of Family Physicians in Palliative Care of Patients with Advanced Cancer  
*Christine Moon1,2, Ashley Pope1, Nadia Swami1, Ken Mah1, Laura Dawson1,2, Gary Rodin1,2, Amna Hussain1,2, Camilla Zimmermann1*  
1. University Health Network, Toronto, ON, Canada  
2. University of Toronto, Toronto, ON, Canada  
3. Temmy Latner Centre for Palliative Care, Mount Sinai Hospital, Toronto, ON, Canada

C) Prognosis in Advanced Colon Cancer  
*Christopher Comfort, Calvary Hospital, Bronx, NY, United States*

**B13 PRÉSENTATIONS COURTES – INNOVATIONS**
Trois exposés de 20 minutes, chacun suivi d’une période de questions de 10 minutes

A) La télémédecine : un tremplin technologique pour porter la démarche palliative  
*Antoine Lemaire1, Jérôme Tosun2, Morgane Plançon1, Marine Mulot1*  
1. Centre Hospitalier de Valenciennes, Valenciennes, France  
2. Centre Hospitalier Privé de Saint Grégoire, Saint-Grégoire, France

B) La fin de vie dans les USI: les pistes de solution organisationnelles, professionnelles et émotionnelles des infirmières  
*Diane Francoeur1, Lise Fillion2, Céline Gélinas3*  
1. Institut universitaire de cardiologie et de pneumologie de Québec, Québec, QC, Canada  
2. Université Laval, Québec, QC, Canada  
3. Université McGill, Montréal, QC, Canada

C) Consommateurs de cannabis en USP en France, quelle prise en soins ?  
*Adrien Evin, Emmanuelle Kuhn, Julien Nizard, Caroline Victorri-Vigneau, CHU de Nantes, Nantes, France*
B14 PRÉSENTATIONS COURTES – ÉDUCATION
Trois exposés de 20 minutes, chacun suivi d’une période de questions de 10 minutes

A) Interroger la fonction pédagogique des soins palliatifs : vers un apprentissage social de la fin de vie
Rozenn Le Berre, Grégory Aiguier, Institut Catholique de Lille, Lille, France

B) Évaluation des effets sur la pratique des professionnels d’une formation interprofessionnelle sur la détermination des objectifs de soins.
Gabrielle Fortin1,2, Serge Dumont3
1. Université Laval, Québec, QC, Canada; 2. Maison Michel-Sarrazin, Québec, QC, Canada;
3. Réseau québécois de recherche en soins palliatifs et de fin de vie (ROSPAL), Québec, QC, Canada

C) Approche intégrative de diffusion de la démarche palliative : de dépendance-autonomie vers interdépendance
Laurent de Loynes de Fumichon, Agnès Lebrun, Philippe Guille des Buttes, Maryse Chantre, Claude Martis, Sybille Courtois, Romain Levard, Centre Hospitalier Régional, Orléans, Région Centre Val de Loire, France

15:30 – 16:00 BREAK

16:00 – 17:30 CHOICE OF SPECIAL SEMINARS (C01, C02 or C03) OR CONCURRENT WORKSHOPS (C04 – C14)

C01 SPECIAL SEMINAR: SPECIAL TOPICS IN PALLIATIVE CARE NURSING
(Part 3 – see box on page 16)

C02 SPECIAL SEMINAR: PHARMACOTHERAPY AND PALLIATIVE CARE
(Part 3 – see box on page 16)

C03 SPECIAL SEMINAR: RESEARCH METHODOLOGY
(Part 3 – see box on page 17)

C04 ATELIER ET PRÉSENTATIONS COURTES – SOINS PALLIATIFS PÉDIATRIQUES
Un atelier de 45 minutes, et deux exposés de 15 minutes, chacun suivi d’une période de questions de 5 minutes

A) Le Phare Enfants et Familles: défis et succès dans la prestation des soins de fin de vie (SDFV) en milieu communautaire
Marion Onno, Héléna Lévesque, Johanne Desrochers, Jacques Ramsay, Franco Carnevale,
Le Phare, Enfants et familles, Montréal, QC, Canada
Cet atelier, axé sur les obstacles et les facilitateurs d’une prestation des soins de fin de vie pédiatriques, s’adresse aux équipes de soins impliquées en soins palliatifs en milieu communautaire.

B) « Tu n’as pas le choix; tu ne peux pas sortir parce que si tu rentres, la maladie va s’aggraver » : approche théorique d’une éthique clinique en milieu hospitalier pédiatrique négro-africain
Angèle Hermine Pondy Ongotsoy1,2, Léopold Molel Belika3, Serge Patient Makak4,
Grace J. T. Nyemb Mbog5
1. Université de Yaoundé, Yaoundé, Cameroon; 2. Centre Mère et Enfant/Fondation Chantal Biya, Yaoundé, Cameroon; 3. Université Complutense de Madrid, Madrid, Espagne

C04 continued on next page
C) Exploration de l’attitude des infirmières travaillant aux soins intensifs néonatals par rapport aux soins palliatifs
Sarah St-Georges1,2, Diane Tapp2
1. Hôpital de Montréal pour Enfants, Montréal, QC, Canada
2. Université Laval, Québec, QC, Canada

C05 PROFFERED PAPERS – HOME CARE
Three 20-minute presentations, each followed by a 10-minute question period

A) Development and Evaluation of an Innovative Model for Augmenting Home Care Services for Palliative Clients in Rural Communities
Linda Read Paul1,2, Bev Berg1
1. Alberta Health Services, Calgary, AB, Canada
2. University of Calgary, Calgary, AB, Canada

B) We Can See You Now: Harnessing Video Telehealth to Provide Practical Interprofessional Community Based Palliative Care Virtual Clinics
Kathryn Walker1,2, Christopher Kearney1
1. MedStar Health, Columbia, MD, United States
2. University of Maryland School of Pharmacy, Baltimore, MD, United States

C) Barriers and Facilitators on Early Integration of Home-based Palliative Care for People with Severe COPD: A Focus Group Study with General Practitioners and Community Nurses in the Context of a Phase 0-2 Trial
Charlotte Scheerens1,2, Peter Pype1,2, Simon Van Belle1,2, Guy Joos2,3, Luc Deliens1,2, Kenneth Chambaere1,2, Aline De Vleminck1,2
1. Ghent University/VUB, Ghent, Belgium
2. Ghent University, Ghent, Belgium
3. Ghent University Hospital, Ghent, Belgium

C06 PROFFERED PAPERS – PSYCHOSOCIAL ISSUES
A series of 15-minute presentations, each followed by a 5-minute question period

A) Rekindling Wonder in Clinical Practice
Eunice Gorman, Laura Lewis, King’s University College at Western University, London, ON, Canada

B) Navigating the Intangible: Working with Non-Physical Suffering on the Front-Lines of Palliative Care
Maxxine Rattner, Wilfrid Laurier University, Kitchener, ON, and Kensington Hospice, Toronto, ON, Canada

C) Relational Dimensions of Quality of Life in Inpatient Palliative Facilities
Laura Yvonne Bulk1, Gil Kimel1, Joanna Bates1, Nigel King1, Laura Nimmon1
1. The University of British Columbia, Vancouver, BC, Canada
2. St. Paul’s Hospital Palliative Care Program, Vancouver, BC, Canada
A series of 15-minute presentations, each followed by a 5-minute question period

A) Palliative Care Is Part of Everyone's Job – The Education and Training Needs of Non-Specialist Palliative Care (NSPC) Practitioners; Findings from a Concept Analysis
Mary Nevin, Valerie Smith, Geralyn Hynes, Trinity College Dublin, The University of Dublin, Dublin, Ireland

B) Creating Learning Environments That Support Professional Identity Formation for Palliative Care Practice
Frances Kilbertus1, Rola Ajjawi2
1. Northern Ontario School of Medicine, Lakehead & Laurentian Universities, Sudbury, ON, Canada; 2. Centre for Research in Assessment and Digital Learning, Deakin University, Melbourne, VIC, Australia

C) Get Them While They Are Young: Teaching Junior Doctors About Quality Improvement (QI)
Ian Gwynne-Robson1,2, Saira Dayal2, Sisira Jayathissa2,3
1. Te Omanga Hospice, Lower Hutt, Wellington, New Zealand; 2. Hutt Valley District Health Board, New Zealand

D) Exploring Resident Physicians’ Experiences Practicing in Pediatric Palliative Care: A Phenomenological Method of Inquiry
Andrea Johnson1,2, Hal Siden1, Grant Charles2
1. Canuck Place Children’s Hospice, Vancouver, BC, Canada; 2. University of British Columbia, Vancouver, BC, Canada

A series of 15-minute presentations, each followed by a 5-minute question period

A) Providing Medical Assistance in Dying Within a Home Palliative Care Program in Toronto, Canada: An Observational Study of the First Year of Experience
Joshua Wales1,2, Sarina R. Isenberg1,2, Pete Wegier1,2, Jennifer Shapiro1,2, Victor Cellarius1,2, Sandy Buchman1,2, Amna Husain1,2, Narges Khoshnood1,2
1. Temmy Latner Centre for Palliative Care, Sinai Health System, Toronto, ON, Canada; 2. University of Toronto, Toronto, ON, Canada

B) Medical Assistance in Dying in a Pediatric Setting: Exploring the Challenges of Policy Creation
Adam Rapoport1,2,3, Randi Zlotnik Shaul1,2, Carey DeMichelis3, Virginia Scott McLaughlin3
1. Hospital for Sick Children, Toronto, ON, Canada; 2. Emily’s House Children’s Hospice, Toronto, ON, Canada; 3. University of Toronto, Toronto, ON, Canada

C) Who Am I and How Am I Doing? Professional Relationships as a Source of Identity and Resilience for Palliative Care Physicians
Caitlin O’Donnell1, Anne Woods2,3, Kathleen Willison1,3, Joseph Pellizzarri1,2, Joshua Shadd1,4, Alex Farag2, Marilyn Swinton3, Andrea Frolic2
1. University of Waterloo, Waterloo, ON, Canada; 2. St. Joseph’s Healthcare Hamilton, Hamilton, ON, Canada; 3. McMaster University, Hamilton, ON, Canada; 4. St. Peter’s Hospital, Hamilton, ON, Canada

D) Perspectives of Hospice Clinicians in Italy on the Current Quality of Palliative Care and the Potential Future Role for Euthanasia
Konstantinos Mastorakis1, Claudia Navarini2, Franco Carnevale2,3, Mary Ellen Macdonald1
1. McGill University, Montréal, QC, Canada; 2. European University of Rome, Rome, Italy; 3. Montreal Children’s Hospital, McGill University Health Centre, Montréal, QC, Canada
A) Building Resilience: An Innovative Reflective Writing Method for Clinical Palliative Care – ‘The 55 Word Story’
Ellen Wild¹, Cory Ingram¹, Lucille Marchand²
¹. Mayo Clinic, Rochester, MN, United States; ². University of Washington, Seattle, WA, United States

55 word story is a creative writing method that fosters reflection on the lived clinical narratives common to caring for patients and families. Participants will be introduced to foundational research and content on narrative medicine. Participants will write and share their 55 word stories during the workshop.

B) Dying to Write: Narrative and Creative Story-telling in Palliative Care
Lucia Gagliese¹, Dawn Gross²
¹. York University, Toronto, ON, Canada
². University of California San Francisco, San Francisco, CA, United States

This workshop explores writing about terminal illness and bereavement as a tool for self-reflection and meaning-making about personal and professional bereavement, including readings of published narratives and a writing exercise.

C) Palliative Care in Islamic Republic of Iran, Breaking One Barrier at a Time
Mahnaz M. Harrison¹, Fatemeh Talebi², Zahra Mohitabadi³, Parvaneh Shadmani⁴, Abdolrahim Hazini⁵, Hamed Sattari-Bahabadi⁶, Sara Aghababa⁷
¹. Last Mile4D, Washington, DC, United States; ². 22 Bahman Hospital, Qazvin, Iran; ³. Kosar Hospital, Gazvin, Iran; ⁴. Khordesh charity, Qom, Iran; ⁵. Firozgar Hospital, Tehran, Iran; ⁶. Bazargan Hospital, Tehran, Iran; ⁷. Islamic Azad University, Tehran, Iran

This workshop will address the issues of Palliative Care in Islamic Republic of Iran, including the challenges of building coalitions, and breaking the cultural, religious, and traditional barriers, one initiative at a time.

B) Building a Global Movement of Direct Stakeholders as Advocates for Palliative Care
The Worldwide Hospice Palliative Care Alliance, London, United Kingdom

C) Keeping Focus in a Changing World: Lessons Learned on Staying True to Our Palliative Care Goals Whilst Having to Implement Changes
Peter Godden-Steele, Te Omanga Hospice, Lower Hutt, Wellington, New Zealand

A) Media/Social Communication in Palliative Care: Managing PC Messages by Setting Ground Rules
José Miguel Carrasco, Carla Reigada, Alejandro Navas, Beatriz Goméz, Inés Olza, Francesc Pujol, Carlos Centeno, University of Navarra, Pamplona, Spain

Designed for researchers, healthcare professionals and others interested in media and social communication in Palliative Care (PC), this workshop aims to raise awareness for critical thinking on media news about PC.

B) Other Ways In: Comedy, Storytelling and the Arts
Jeannie Blaustein¹, Brad Wolfe¹, Dara Kosberg¹, Emily Silverman²
¹. Reimagine End of Life, San Francisco, CA, United States
². Zuckerberg San Francisco General Hospital, San Francisco, CA, United States

Drawing on comedy, physician narratives and participants’ experience, this interactive workshop will demonstrate how to create widespread community-driven engagement around end-of-life issues that evokes wonder, preparation, remembrance and action steps.
C12 PROFFERED PAPERS – NEUROPALLIATIVE CARE
A series of 15-minute presentations, each followed by a 5-minute question period

A) The Palliative Care Needs of Adult Patients and Their Informal Carers Living with Motor Neurone Disease (MND), or Bereaved Carers of People with MND: A Systematic Review of Qualitative Research
Kate Flemming1, Victoria Turner1, Ian Watt1, Bill Hulme2, Samantha Bolsher3
1. University of York, York, North Yorkshire, United Kingdom
2. St Leonard’s Hospice, York, North Yorkshire, United Kingdom
3. Public Involvement Representative, York, North Yorkshire, United Kingdom

B) End-of-Life Care for Stroke
Shelley Jolly, Ruth Whelan, Kimberly Davy, Royal University Hospital, Saskatoon, SK, Canada

C) Who Consults a New Neuropalliative Care Service?
Jeff A. Hall1, 2, Justine Gauthier1
1. Montreal Neurological Hospital, Montréal, QC, Canada
2. McGill University, Montréal, QC, Canada

D) I-CoPE: A Pilot Implementation Study of a Structured Approach to Supportive Care Delivery to People with Newly Diagnosed High Grade Glioma and Their Family Caregivers
Jennifer Philip1, 2, 3, Anna Collins1, Jane Staker2, Michael Murphy3
1. University of Melbourne, Melbourne, VIC, Australia
2. St Vincent’s Hospital, Melbourne, VIC, Australia
3. Victorian Comprehensive Cancer Centre, Melbourne, VIC, Australia

C13 WORKSHOP/PROFFERED PAPERS – SPIRITUALITY
A 45-minute workshop, and two 15-minute presentations, each followed by a 5-minute question period

A) Taking Action on Spiritual Care at the End of Life in Hospital, Hospice and Home Care Settings: Barriers and Opportunities for Change
Paul Holyoke1, Barry Stephenson2, Katherine Rizzi1, Justine Giosa1
1. Saint Elizabeth Health Care, Markham, ON, Canada
2. Memorial University of Newfoundland, St. John’s, NL, Canada

This workshop will discuss the nine spiritual care organization-level principles and practices and framework for implementation. We will guide interactive group discussion on how attendees’ organizations might use the framework to improve and expand capacity for spiritual care.

B) Exploring Awareness of Spirituality in Physicians Working in an Inpatient Specialist Palliative Care Unit
Daniel Nuzum, Marie Murphy, Marymount University Hospital and Hospice, Cork, Ireland

C) Spiritual Care at the End of Life. Does Educational Intervention Focused on a Broad Definition of Spirituality Increase Utilization of Chaplain Spiritual Support in Hospice?
Jacek Soroka, Lori Collins, Gary Creech, Gregory Kutchér, Katie Menne, Brianna Petzel, Mayo Clinic Health System, Mankato, MN, United States
C14 PRÉSENTATIONS COURTES – SOINS À DOMICILE
Une série d’exposés de 20 minutes, chacun suivi d’une période de questions de 10 minutes

A) Bien finir sa vie chez soi : une analyse comparée franco-québécoise des principaux facteurs psycho-sociaux du maintien à domicile
Tanguy Châtel¹, Serge Dumont², Andrée Sevigny², Catherine Renard³, Patrick Durivage⁴, Henri De Rohan Chabot⁵, Anaïs Gauthier⁶, Johanne Desrochers⁷, Camille Baussant Crenn⁸, Alain Philippe Lemieux⁹, Jocelyne Wullschleger¹⁰

B) Sclérose latérale amyotrophique et douleur sur l’Hôpital à Domicile de Nantes, création d’un outil
André Colpaert, Adrien Evin, Jerome Libot, Julien Nizard, CHU Nantes, Hôpital Nord Laennec, Nantes, France

17:40 – 18:10 MEMORIAL SERVICE

Memorial Service

Wednesday, October 3 | 17:40 – 18:10

A moment of introspection with poetry, images and live music to remember those whom we have lost.
7:00 – 8:00

SELF-CARE ACTIVITIES

7:45 – 8:45

RESEARCH FORUM

RF2

Chair: David K. Wright, University of Ottawa, Ottawa, ON, Canada
Discussant: Susan Cadell, University of Waterloo, Waterloo, ON, Canada

A) Benefits of Early Palliative Care in the Community: A Propensity Score Matched Cancer Cohort

Hsien Seow1, Lisa Barbera2, Kim McGrail3, Fred Burge4, Bev Lawson4, Dawn Guthrie5, Kelvin Chan2, Stuart Peacock3, Rinku Sutradhar7
1. McMaster University, Hamilton, ON, Canada
2. University of Toronto, Toronto, ON, Canada
3. University of British Columbia, Vancouver, BC, Canada
4. Dalhousie University, Halifax, NS, Canada
5. Wilfrid Laurier University, Waterloo, ON, Canada

B) Efficacy of Advance Care Planning Interactive Web Sites and Workbooks to Improve Patient Engagement in Primary Care: The Results of Tool Evaluations

Michelle Howard1, Peter Allatt2, Carrie Bernard13, Doug Klein4, Dawn Elston1, Amy Tan6, Marissa Slaven1, Doris Barwich6, John J. You1, Rebecca Sudore7, Neha Arora1, Lawrence Mroz2, Becky Heyland6, Madiha Mueen1, Daren Heyland89
1. McMaster University, Hamilton, ON, Canada
2. Bridgepoint Active Healthcare, Sinai Health System, Toronto, ON, Canada
3. University of Toronto, Toronto, ON, Canada
4. University of Alberta, Edmonton, AB, Canada
5. University of Calgary, Calgary, AB, Canada
6. University of British Columbia, Vancouver, BC, Canada
7. University of California, San Francisco, CA, United States
8. Kington General Hospital, Kingston, ON, Canada
9. Queen’s University, Kingston, ON, Canada

C) Supporting Advance Care Planning in Dementia Palliative Care: Evaluation of the Family Carer Decision Support Intervention

Kevin Brazil1, Gillian Carter1, Chris Cardwell1, Mike Clarke1, Peter Hudson4, Katherine Froggatt7, Peter Passmore1, George Kernohan3
1. Queen’s University, Belfast, Northern Ireland
2. Lancaster University, Lancaster, United Kingdom
3. University of Ulster, Newtownabbey, Northern Ireland
4. University of Melbourne, Melbourne, VIC, Australia
9:00 – 10:30 PLENARY

**PL2**

**CARING AS A VALUE**

**IS THE CULTURE OF CARING FOR THE DYING AFFECTED BY CONTEMPORARY SOCIETY’S REJECTION OF LIMITS?**

**Luce Des Aulniers**, Anthropologist, Honourary Associate Professor, Faculty of Communication, Founder of Interdisciplinary Studies on Death, Université du Québec à Montréal, Montréal, QC, Canada

Quite naturally, the palliative milieux are impregnated by the trends that give our society meaning. In what way does the widespread “limitless” movement influence us, especially as we face the final limitation of death? What are its impacts on the place of refuge that our care creates? In return, what can the palliative culture contribute to the worlds that helped make us and that call to us?

**THE PALLIATIVE APPROACH’S CONTRIBUTION TO TRADITIONAL MEDICINE: A PARADIGM SHIFT IN CARE?**

**Sadek Beloucif**, Professor of Anesthesiology & Critical Care Medicine, Sorbonne Paris-Cité University (Avicenne Hospital, Assistance Publique-Hôpitaux de Paris), Paris, France

From the notion of hospitality, which is regaining its place in the hospital setting, to that of patient empowerment, Professor Sadek Beloucif will be covering his favorite topics. A proponent of evidence-based medicine that is also patient-centered, he will notably discuss the relationship between spirituality and end of life, with emphasis on the importance of establishing connections between the concepts of “cure” and “care”.

10:30 – 11:00 BREAK

At 11:00 participants may attend either the Special Seminar “Hypnotic Language and Suggestions at Bedside” (D01/E01) which continues until 15:30; the Special Seminar “Scientific Day of the RQSPAL” (RQS1/RQS2/RQS3) which continues until 17:30; or choose from a selection of symposia, workshops and proffered paper sessions at 11:00 (D02-D13), and at 14:00 (E02-E13).

11:00 – 15:30 SPECIAL SEMINAR

**D01/ E01**

**HYPNOTIC LANGUAGE AND SUGGESTIONS AT BEDSIDE: MENDING SYMPTOMS, MINDING HOPE, ACCESSING MEANING AND TRANSCENDENCE**

**Sylvain Néron**, Jewish General Hospital, Segal Cancer Centre, Montréal, QC, Canada

Participants will practice the language of suggestion directed at:

- Relieving suffering resulting from summative distress within total pain in the social, emotional, psychological and spiritual domains;
- Reframing death anxiety and hope, being mindful of the sufferer’s perception of time.
Limited to 20 participants, health professionals
Introductory: no prior training in clinical hypnosis required
Interactive pedagogy: skills to practice in dyads

11:00 – 12:30
D01
Hypnotic Language and Suggestions at Bedside (Part 1)

14:00 – 15:30
E01
Hypnotic Language and Suggestions at Bedside (Part 2)

Thursday, October 4, 2018
SPECIAL SEMINAR D01/ E01 CONTINUED

11:00 – 17:30
SPECIAL SEMINAR
SCIENTIFIC DAY OF THE RÉSEAU QUÉBÉCOIS DE RECHERCHE EN SOINS PALLIATIFS ET DE FIN DE VIE (RQSPAL)
Organizers & Co-Chairs:
- Pierre Gagnon, Director of the RQSPAL; CHU de Québec, Université Laval, Québec, QC, Canada
- François Tardif, Coordinator of the RQSPAL, Québec, QC, Canada

The Réseau québécois de recherche en soins palliatifs et de fin de vie (RQSPAL – Québec Palliative and End-of-Life Care Research Network) is a new network for research on palliative care in Québec. Its mission is to contribute meaningfully, through research and knowledge transfer activities, to improving the quality, accessibility and fairness of care for individuals suffering from any incurable, potentially fatal disease, as well as their loved ones. Over the course of the day, we will report on the advancement of some of the research being carried out by RQSPAL members on the subject of palliative and end-of-life care in Québec.

Conducted in French. Simultaneous interpretation provided for RQS1 and RQS2 only.
All are welcome.

11:00 – 12:30
RQS1 SYMPOSIUM 1: BEING CLOSE TO PATIENTS
Moderator: Robin Cohen, Jewish General Hospital, McGill University, Montréal, QC, Canada
(Presented in French)

A) Evaluation of an Intervention to Improve Supportive Care for Family Caregivers of Patients with Lung Cancer: Results of a Randomized Clinical Trial
Michèle Aubin1,2,3, Lucie Vézina4, René Verreault2, Sébastien Simard4, Lise Tremblay2,3, Jean-François Desbiens1, Serge Dumont1,3, Lise Fillion1,3, Joyce Dogba Maman1,3, Pierre Gagnon13
1. Université Laval, Québec, QC, Canada; 2. Centre de recherche de l’Institut universitaire de cardiologie et de pneumologie de Québec, Québec, QC, Canada; 3. Centre de recherche du CHU de Québec, Québec, QC, Canada; 4. Unité de médecine familiale-Laval, Québec, QC, Canada; 5. Université du Québec à Chicoutimi, Chicoutimi, QC, Canada

B) How Does the Bereavement Experiences of Seniors Living in Residence Affect Their Thinking About Their Own End of Life?
Valérie Bourgeois-Guérin, Valérie Millette, Université du Québec à Montréal, Montréal, QC, Canada

RQS1 continued on next page
C) What Factors Are Associated with Perceived Difficulties in Taking Care of Dying Patients Among Canadian Physicians?

Isabelle Marcoux1,2, François Tessier1,2, Antoine Boivin1,5, Ian Graham1,3, Paul Hebert1,5, Monica Taljaard1,3, Marie-Ève Bouthillier4

1. Université d’Ottawa, Ottawa, ON, Canada
2. Réseau Québécois de recherche en Soins Palliatifs et de Fin de Vie – ROSPAL, QC, Canada
3. The Ottawa Hospital Research Institute, Ottawa, ON, Canada
4. Université de Montréal, Montréal, QC, Canada
5. Centre de recherche du CHUM, Montréal, QC, Canada

SYMPOSIUM 2: DECISION MAKING AT END OF LIFE

Moderator: Serge Dumont, Université Laval, Québec, QC, Canada

A) Optimizing Communication with Parents During and After an Unsuccessful Neonatal Resuscitation: Parent and Provider Perspectives

Annie Janvier, Marie-Hélène Lizotte, Keith Barrington, Thomas Pennaforte, Ahmed Moussa, Christian Lachance, Maia Sureau, Serge Sultan, Université de Montréal, Hôpital Sainte-Justine, Montréal, Québec, Canada

B) End-of-Life Rituals and Post-mortem Care

Dominique Mercille1, Diane Tapp1,2

1. Université Laval, Québec, QC, Canada
2. Centre de recherche de l’Institut universitaire de cardiologie et de pneumologie de Québec – Université Laval (CRIUCPQ-UL), Québec, QC, Canada

C) Comparing Quebec Stakeholders’ Perspectives on Whether Medical Aid in Dying Should Be Made Accessible to Incompetent Patients, in Some Circumstances

Gina Bravo, Marcel Arcand, Université de Sherbrooke, et Centre de recherche sur le vieillissement, Institut universitaire de gériatrie de Sherbrooke, Sherbrooke, QC, Canada

SYMPOSIUM 3: RECHERCHE CLINIQUE ET GESTION DES SYMPTÔMES

Modératrices : Josée Savard et Lynn Gauthier, Université Laval, Québec, QC, Canada

(Presented in French)

Note: this session is at the same time as Plenary 3.

A) Prévalence et facteurs de risque des idéations suicidaires chez des patients atteints d’un cancer tete et cou: Étude longitudinale

Melissa Henry1,2, Zeev Rosberger1,2, Lia Bertrand1, Christina Klassen1,2, Michael Hier1,2, Anthony Zeitouni1,3, Karen Kost1,3, Alex Mlynarek1,2, Keith Richardson1,3, Martin Black1,2, Christina MacDonald2, Gabrielle Chartier1, Saul Frenkeli,2,3

1. Université McGill, Montréal, QC, Canada; 2. Hôpital général juif, Montréal, QC, Canada; 3. Centre universitaire de santé McGill, Montréal, QC, Canada

B) Une étude pilote avec méthodologie mixte en vue d’une étude de phase III

Bruno Gagnon1, Maman Joyce Dogba2

1. Centre de recherche du CHU de Québec, Université Laval, Québec, QC, Canada
2. Université Laval, Québec, QC, Canada
C) Élaboration d’un programme de bien-être au travail d’intervenants en maison de soins palliatifs (SP) : Phase 1 : identification des facteurs de risque et de protection
Lise Fillion, Manon Truchon, Alice Girouard, Estelle Houguet, Université Laval, Québec, QC, Canada

11:00 – 12:30  CHOICE OF SPECIAL SEMINARS (D01 or RQS1) OR CONCURRENT WORKSHOPS OR SYMPOSIA (D02 – D13)

D01  SPECIAL SEMINAR: HYPNOTIC LANGUAGE AND SUGGESTIONS AT BEDSIDE
(Part 1 – see box on page 34)

D02  SYMPOSIUM: FUNERAL RITUALS, BEREAVEMENT AND ADVANCE CARE PLANNING
Co-Chairs: Johanne de Montigny, Psychologist, Montréal, QC, Canada
Chris MacKinnon, McGill University, Montréal, QC, Canada

A) The Construction of Legacy: Funeral Rituals and the Reaffirmation of Continuing Bonds
Robert A. Neimeyer, University of Memphis, Memphis, TN, United States
This interactive workshop will discuss the role of commemoration practices in the aftermath of loss with the goal of highlighting the continuing bond that families seek with the dead as they integrate the loss into the ongoing story of their lives. Participants will learn three critical functions served by effective eulogies and be guided in conducting interviews that will draw forth rich material to craft into memorable celebrations of the deceased person’s life story.

B) When It Matters Most: How Funeral Directors Can Support Palliative Care and Advanced Care Planning
John Laframboise, Kelly Funeral Homes, Arbor Memorial Inc., Ottawa, ON, Canada
Has advanced care planning caught up with Canada’s changing culture and faith landscape? Learn from a variety of applied examples of how funeral directors and palliative care professionals can work together for all clients, providing resourceful guidance in end-of-life planning and bereavement support.

D03  SYMPOSIUM: THE CANADIAN PARTNERSHIP AGAINST CANCER – Working with First Nations, Inuit and Métis Patients and Families to Deliver Culturally Competent Palliative Care
Chair: Raquel Shaw Moxam, Canadian Partnership Against Cancer, Toronto, ON, Canada
Pam Tobin, Canadian Partnership Against Cancer, Toronto, ON, Canada
Leah Norgrove, Vancouver Island Health Authority, Saanichton, BC, Canada
Vanessa Eldridge, Mary Potter Hospice, Elsdon, Porirua, New Zealand
In response to the Truth and Reconciliation Commission’s Calls to Action, and due to the lack of organized palliative care services available to First Nations, Inuit and Métis patients and families, efforts are underway to provide culturally appropriate palliative care. International promising practices and Canadian initiatives will be discussed.
**Thursday, October 4, 2018**

**D04 PROFFERED PAPERS – PALLIATIVE CARE FOR YOUNG ADULTS**

A series of 15-minute presentations, each followed by a 5-minute question period

A) **Let's Talk: Decision-Making Conversations with Young Adults with Serious Conditions**
   **Karen Cook¹, Camara vanBreemen², Jennifer Kryworuchko³, Kim Bergeron¹, Joanie Maynard¹**
   1. Athabasca University, Athabasca, AB, Canada; 2. Canuck Place Children’s Hospice, Vancouver, BC, Canada; 3. University of British Columbia, Vancouver, BC, Canada

B) **Life-Limiting Illnesses, Palliative Care, and Aging: A Review of Current Models and Discourses and How They Limit Young Adults Aging Well**
   **Julie Burk**, University of British Columbia, Vancouver, BC, Canada

C) **Palliative and Supportive Care for Adolescent and Young Adult Cancer Patients**
   **Ahmed al-Awamer¹², Pamela Mosher¹²**
   1. University of Toronto, Toronto, ON, Canada
   2. Princess Margaret Cancer Center, Toronto, ON, Canada

**D05 STUDENT FORUM: Moral Distress Experienced by Palliative Care Trainees: Difficult Encounters in Clinical Practice and Research**

**Franco Carnevale**, McGill University, Montréal, QC, Canada

Moral distress refers to a deep malaise resulting from feeling impeded from doing what one thinks is right. There is recognition of moral distress among clinical and research trainees, linked to their position of limited power and authority. In this discussion, features of moral distress will be described, as well as barriers to action that are known to provoke it. These will be related to the experiences of trainees in professional education or research programs. Potential strategies for addressing moral distress will be discussed.

**D06 PROFFERED PAPERS – RESEARCH**

A series of 15-minute presentations, each followed by a 5-minute question period

A) **'An Interview is Not a Consultation': the Dual Role of Clinician-Researcher – Lessons from an Ethnographic Study Exploring Rural Patients' and Family Caregivers' Perspectives on the 'Good Death'**
   **Suzanne Rainsford**, Christine Phillips, Australian National University, Canberra, Australian Capital Territory, NSW, Australia

B) **"What Does That Word Even Really Mean?" – Exploring the Relationship Between Ethnography and Hospital Palliative Care**
   **Marian Krawczyk**, University of Glasgow, Glasgow, Scotland

C) **Narrative Ethnography: Exploring Pain and Suffering in Palliative Care Settings**
   **Michael Atkinson**, Kristina Smith, University of Toronto, Toronto, ON, Canada

D) **Building Better Research in Palliative Care by Bridging the Epistemological-Ontological Divide**
   **Sonya S. Lowe¹, Claudia Gamondi², Sarah G. Brearley³**
   1. Alberta Health Services, AB, Canada; 2. Centre Hospitalier Universitaire Vaudois, Lausanne, Vaud, Switzerland; 3. Lancaster University, Lancaster, United Kingdom
Thursday, October 4, 2018

D07 PROFFERED PAPERS – SUFFERING AND HEALING
A series of 15-minute presentations, each followed by a 5-minute question period

A) Suffering in Advanced Cancer: A Randomized Control Trial of a Narrative Intervention
Lucille Marchand¹, Meg Wise²
1. University of Washington, Seattle, WA, United States
2. University of Wisconsin, Madison, WI, United States

B) Healing Experiences in All Life Stressors (HEALS): A Novel Tool for Assessment of Psycho-Social-Spiritual Healing
Rezvan Ameli, María José Luna, Julia Cheringal, Ninet Sinaii, Jennie Gilbhrighde, Ann Berger, National Institutes of Health, Bethesda, MD, United States

C) Gender Differences in Psycho-Social-Spiritual Aspects of Healing
Rezvan Ameli, María José Luna, Julia Cheringal, Ninet Sinaii, Jennie Gilbhrighde, Ann Berger, National Institutes of Health, Bethesda, MD, United States

D) "Hey, you're a big hero demonstrate your strength" – Work with Male Hematological Patients in Sha'are Zedek Medical Center
Liora Gov-Ari de Vries, Sha'are Zedek Hospital, Jerusalem, Israel

D08

A) Whole-Person Communication Is More than Just Words: The Challenges of Teaching Communication Skills
Elaine Stevens¹, Elizabeth Clark²,³, Bridget Johnston⁴, Sharon Ruckley⁵
1. University of the West of Scotland, Paisley, Scotland
2. Montefiore Medical Center, Bronx, NY, United States
3. Albert Einstein College of Medicine Bronx, NY, United States
4. University of Glasgow, Glasgow, Scotland
5. Provincial Integrated Palliative Care Programme, PEI, Canada

This interactive workshop will provide examples of how attitudes and behaviors impact on whole-person palliative care and how communication skills training can be hampered in everyday practice. Practical solutions, will be identified and their introduction into clinical practice deliberated. Such solutions will add to participants’ communication skills tool boxes.

B) The Healing Impact of Attunement and Deep Listening: Practices for Clinicians
Carla Cheatham, University of Maryland College Park, Maryland, United States; Seminary of the Southwest, and Carla Cheatham Consulting Group, Austin, TX, United States

This presentation will review the importance of attunement and deep listening in clinical relationships, and the barriers to being present with suffering, then provide practical techniques to increase this clinical competence.
A) Looking for Control at the End of Life Through the Bond: A Grounded Theory on the Hospital Discharge Process in Palliative Care
Gloria Mabel Carrillo, Sonia Carreño, Rocio Lopez, Olga Gómez, Diana Cárdenas, Mauricio Arias, Universidad Nacional de Colombia, Bogota, Cundinamarca, Colombia

B) Capacity Building as Pillar of Change of Prescription Attitudes
Edson Rwagasore, François Uwinkindi, Diane Mukasahaha, Rwanda Biomedical Center, Kigali, Rwanda

C) A Managerial Report: Establishment of Cancer Home Care Network in a Metropolis – Tehran
Suzanne Hojjat-Assari1,6, Ahmad Reza Pourghaderi2,6, Mohammad Reza Sharbafchi3,6, Davood Niki6, Matin Seifolahi6, Abdolrahim Hazini6, Pooneh Pirjani6, Sara Samiee4,6, Hassan Abolghasemi5,6
1. French Transfusion Organization, Paris, France
2. National University of Singapore, Singapore
3. Isfahan University of Medical Sciences, Isfahan, Iran
4. Shariati Hospital, Tehran, Iran
5. Shahid Beheshti University of Medical Sciences, Tehran, Iran
6. ALA Cancer Prevention and Control Center (MACSA), Tehran, Iran

A) #Benzopioid: Is It Time for this Power Couple to Break Up?
Tanya J. Uritsky1, Kashelle Lockman2
1. Hospital of the University of Pennsylvania, Philadelphia, PA, United States
2. University of Iowa, Iowa City, IA, United States

Participants will compare personal attitudes and clinical experience managing symptoms with benzodiazepines and opioids to the evidence on their risks and benefits through simulated patient cases and lively debate.

B) Calculating Conversations: Recent Data that Informs Opioid Conversion Calculations
Mary Lynn McPherson1, Mellar P. Davis2
1. University of Maryland School of Pharmacy, Baltimore, MD, United States
2. Geisinger Health, Danville, PA, United States

Patients with serious illness frequently require switching from one opioid to a different opioid. This workshop will present recent data that informs best practices in opioid switching, safely and effectively.
D11 WORKSHOP/PROFFERED PAPERS – ETHICAL ISSUES
A 45-minute workshop, and two 15-minute presentations, each followed by a 5-minute question period

A) Coming Out of Hiding: A Nursing Focus on Medical Assistance in Dying (MAiD)
Madeleine Greig1, David Wright1, Barbara Pesut2
1. University of British Columbia, Okanagan, BC, Canada; 2. University of Ottawa, ON, Canada
In this workshop, four Canadian nurse researchers will draw upon evidence from a literature synthesis, and a study conducted with palliative care nurses in Canada, to explore the experiential and ethical implications of MAiD for nurses.

B) Postcards from the Edge: Nursing Those Who Suffer in This New Era of MAiD
Kathleen Baba Willison1,2, Joseph Pellizzari1,2, Joshua Shadd1,3, Anne Woods1,2, Marilyn Swinton1, Cait O'Donnell1, Alexandra Farag1, Andrea Frolic2,3
1. St. Joseph’s Healthcare Hamilton, Hamilton, ON, Canada; 2. McMaster University, Hamilton, ON, Canada; 3. Hamilton Health Sciences, Hamilton, ON, Canada; 4. University of Waterloo, Waterloo, ON, Canada

C) Health Care Professionals Working in Palliative Care and Assisted Dying: Experiences of Different International Models
Claudia Gamondi1,2, Sheri Mila Gerson3, Deborah Lewis1, Sheila Payne1
1. Centre Hospitalier Universitaire Vaudois, Lausanne, Switzerland; 2. Oncology Institute of Southern Switzerland, Bellinzona, Switzerland; 3. Lancaster University, Lancaster, United Kingdom

D12 PROFFERED PAPERS – SPIRITUALITY
A series of 15-minute presentations, each followed by a 5-minute question period

A) Rising Above: Spirituality Among Family Caregivers in a Hospice Setting
Nasreen Lalani, Wendy Duggleby, Joanne Olson, University of Alberta, Edmonton, AB, Canada

B) What Does Spiritual Wellbeing Mean to You? Understandings of International Participants in the Validation Study for the EORTC QLQ-SWB32: An EORTC Measure of Spiritual Wellbeing for Palliative Care Patients
Bella Vivat1, Esther Law1, Teresa Young1, Juan Arraras1, Kath Black1, Fran Boyle5, Anne Bredart4, Anna Costantini1, M Elisa Irazaval8, Mariana Navarro8, Sepideh Omidvari10, Gudrun Rohde10, Samantha Serpentini12, Nigel Spry10, Julie Winstanley5, Grace Yang14
1. University College London, London, United Kingdom; 2. Mount Vernon Cancer Centre, Northwood, Middlesex, United Kingdom; 3. Complejo Hospitalario de Navarra, Pamplona, Spain; 4. St Gemma’s Hospice, Leeds, United Kingdom; 5. Patricia Ritchie Centre for Cancer Care, University of Sydney, North Sydney, NSW, Australia; 6. Institut Curie, Paris, France; 7. Sant’Andrea Hospital, Sapienza University of Rome, Rome, Italy; 8. Centro Los Junco, Santiago, Chile; 9. Centro de Apoyo para la Atención Integral, Instituto Nacional de Cancerología, Mexico; 10. Iranian Institute for Health Sciences Research, ACECR, Tehran, Iran; 11. University of Agder and Sorlandet Hospital, Kristiansand, Norway; 12. Veneto Institute of Oncology IVO – IRCCS, Padua, Italy; 13. University of Western Australia, Crawley, WA, Australia; 14. National Cancer Centre Singapore, Lien Centre for Palliative Care, Singapore

C) A Contemporary Rewrite of Spiritual Language: Poetics for Living and Dying
Lana Kim McGeary, Montreal Neurological Hospital ALS Clinic and West Island Palliative Care Center, Montréal, QC, Canada
A) Taking Medication Management to the Next Level: Making the Case for Clinical Pharmacists as Integral Palliative Care Team Members
Kathryn Walker¹,², Christopher Kearney¹
1. MedStar Health, Columbia, MD, United States
2. University of Maryland School of Pharmacy, Baltimore, MD, United States

In this interactive session, we will highlight our experience as the first health system to adopt PC pharmacists as a standard team member and their role on our transdisciplinary teams.

B) Excellence in Interprofessional Teamwork: Functions, Dynamics, Boundaries, and Conflict
Susan Blacker¹,², Shirley Otis-Green³,⁴, Carla Cheatham⁵,⁶,⁷
1. Sinai Health System, Toronto, ON, Canada; 2. Factor-Inwentash Faculty of Social Work, Toronto, ON, Canada; 3. Collaborative Caring, Toluca Lake, CA, United States; 4. Coalition of Compassionate Care of California, Sacramento, CA, United States; 5. University of Maryland, College Park, MD, United States; 6. Seminary of the Southwest, Austin, TX, United States; 7. Carla Cheatham Consulting Group, Austin, TX, United States

Effective interprofessional teams enhance patient and provider experience and protect against workplace burnout and compassion fatigue. Participants will consider their team’s current level of functioning and strategies for improvement.

NEW

LUNCH BOXES

Enjoy the lunchtime activities AND have time to eat your lunch!

Lunch boxes may be purchased for the lunchtime activities Wednesday through Friday.

Tickets ($40 CAN each) Must be purchased in advance. See page 66 for details.

Thursday, October 4, 2018
14:00 – 15:30 CHOICE OF SPECIAL SEMINARS (E01 or RQS2) OR CONCURRENT WORKSHOPS OR SYMPOSIA (E02 – E13)

**E01**  
**SPECIAL SEMINAR:** HYPNOTIC LANGUAGE AND SUGGESTIONS AT BEDSIDE  
(Part 2 – see box on page 34)

**E02**  
**SYMPOSIUM:** Advance Care Planning (ACP) and Hospice Palliative Care (HPC) Progress in Canada: An Update Panel  
Sharon Baxter¹, Chad Hammond¹, Cari Borenko Hoffman²  
¹. Canadian Hospice Palliative Care Association, Ottawa, ON, Canada  
². Fraser Health Authority, Surrey, BC, Canada  
This panel will cover recent achievements and opportunities in ACP and HPC in Canada. The first part will cover CHPCA partnerships that have completed a number of ACP projects while the second part will bring participants up to date on where HPC is in Canada with an advocacy perspective.

**E03**  
**SYMPOSIUM:** TALKING CIRCLES: Addressing Cancer Illness in Canada’s Indigenous Communities  
Organized in collaboration with the Canadian Indigenous Nurses Association and the Assembly of First Nations  
Lea Bill¹, Marilee A Nowgesic¹, Representative Chiefs Committee on Health¹, Carrie Robinson²  
¹. Canadian Indigenous Nurses Association, Ottawa, ON, Canada  
². Assembly of First Nations, Ottawa, ON, Canada  
The Canadian Indigenous Nurses Association of Canada (CINA) and the Assembly of First Nations (AFN) have identified a ‘National Indigenous Healthcare Provider Organization’ (NIHPO) collaboration to address palliative care in Canada’s Indigenous communities. NIHPO is made up of Indigenous health professionals who will support healthcare provider knowledge and expertise in delivering culturally appropriate healthcare, and connect with healthcare providers. Elders and Knowledge Holders have encouraged the bringing together of national Indigenous Healthcare Providers to improve health outcomes. A multi-disciplinary partnership approach is needed. An Indigenous Knowledge Translation Framework in Cancer Care will support culturally competent and safe services for Indigenous people and culturally appropriate principles, policy, health education resources, tools and expertise.

**E04**  
A) KidsGrief.ca: Online Modules for Adults Supporting Grieving Children  
Andrea Warnick²,¹, Shelly Cory¹, Suzanne O’Brien¹, Donna L. Schuurman¹, Christopher MacKinnon¹, Lysa Toye⁵, Camara van Breemen⁶, Candace Ray⁷, Antonietta Petti⁸, Susan Cadell⁹, Marney Thompson¹⁰, Fred Nelson¹, Stephanie Rabenstein¹², Joan Hamilton¹³, C. Elizabeth Dougherty¹⁴  
¹. Canadian Virtual Hospice, Winnipeg, MB, Canada; ². Andrea Warnick Consulting, Toronto, ON, Canada; ³. Hope and Cope, Montréal, QC, Canada; ⁴. McGill University, Montréal, QC, Canada; ⁵. Dr. Jay Children’s Grief Centre, Toronto, ON, Canada; ⁶. Canuck Place Children’s Hospice, Vancouver, BC, Canada; ⁷. The Lighthouse for Grieving Children, Oakville, ON, Canada; ⁸. Le Phare Enfants et Familles, Montréal, QC, Canada; ⁹. University of Waterloo, Waterloo, ON, Canada; ¹⁰. Victoria Hospice, Victoria, BC, Canada; ¹¹. The Dougy Center for Grieving Children & Families, Portland, OR, United States; ¹². Children’s Hospital at London Health Sciences Centre, London, ON, Canada; ¹³. Nova Scotia Health Authority, Halifax, NS, Canada; ¹⁴. McMaster University, Hamilton, ON, Canada  
This session will highlight practical tips and strategies, as well as the new on-line resource KidsGrief.ca, for supporting children grieving the dying or death of someone in their life.
B) Serious Illness in Pediatrics – A Guide for Conducting Difficult Discussion
Camara van Breemen, Lanna Olson, Canuck Place Children’s Hospice, Vancouver, BC, Canada

Parents of seriously ill children value honest communication, transparency, and shared decision-making. However, it has been identified in many pediatric settings that communication practices need to be improved. Canuck Place Children’s Hospice adapted a tool widely used for adults – the Serious Illness Conversation Guide (SICG) – for use in pediatrics. This workshop explores the adaptation process, an overview of the use of the guide and preliminary results from a qualitative study.

E05
A) Beyond Just Talk: Problematizing the 'Action' in Action Research, Based on the DöBra Research Program
Carol Tishelman1, Ida Goliath1, Olav Lindqvist1
1. Karolinska Institutet, Stockholm, Sweden; 2. Karolinska University Hospital, Center for Innovation, Stockholm, Sweden; 3. Umeå University, Umeå, Sweden

This workshop involves critical discussion about ‘action’ in action-oriented end-of-life (EoL) research with participants, triggered by reflections and experiences from six projects in the Swedish new public-health-based DöBra research program.

B) Improving Advance Care Planning for Frail Older Canadians
John You1, Doris Barwich2, Brian Clark3, Gloria Gutman4, Michelle Howard4, Dev Jayaraman5, Sharon Kaasalainen1, Daniel Kobewka6, Jessica Simon7, Tamara Sussman8, Marilyn Swinton9, Amy Tan1, Robin Uruhart1, Martha Winhall9
1. McMaster University, Hamilton, ON, Canada; 2. BC Centre for Palliative Care, New Westminster, BC, Canada; 3. Patient Advisors Network, Virtual Network; 4. Simon Fraser University, Burnaby, BC, Canada; 5. McGill University, Montréal, QC, Canada; 6. University of Ottawa, Ottawa, ON, Canada; 7. University of Calgary, Calgary, AB, Canada; 8. Dalhousie University, Halifax, NS, Canada; 9. Patient/Family Advisor, Canada

This interactive workshop will explore challenges to and tools for advance care planning with older adults with frailty in 3 different care settings (primary care, hospital, long-term care). This research is funded by Canadian Frailty Network, which is supported by the Government of Canada through the Networks of Centres of Excellence (NCE) program.

E06
PROFFERED PAPERS – SELF-CARE
A series of 15-minute presentations, each followed by a 5-minute question period

A) The Professional Working Group – Understanding Burnout and Discussing Experiences Using a Professional Working Group to Build Community and Make Work-life Sustainable
Warren Lewin1, Nina Horvath1, Bonnie Chen2, Joshua Jones4
1. University Health Network, University of Toronto, Toronto, ON, Canada; 2. North York General Hospital, University of Toronto, Toronto, ON, Canada; 3. Kaiser Permanente, Oakland, CA, United States; 4. University of Pennsylvania, Philadelphia, PA, United States

B) BUPPALHO Study: Burnout Among Public Hospital Doctors Engaged in Cancer Palliative Care in Hong Kong
Raymond Kam Wing Woo12, Tracy Wai Tsan Chen13, Benjamin Hon Wai Cheng14, Hon Cheung Fan15, Sing Hung Lo13, Alice Ka Wai Mok17, Jeffrey Sheung Ching Ng14, Steven Wai Kwan Siu14, Inda Sung Soong16, Kam Hung Wong10, Po Tin Lam18
1. Hong Kong Society of Palliative Medicine, Hong Kong; 2. Caritas Medical Centre, Hong Kong; 3. Haven of Hope Sister Annie Skau Holistic Care Centre, Hong Kong; 4. Tuen Mun Hospital, Hong Kong; 5. Ruttonjee & Tang Shiu Kin Hospital, Hong Kong; 6. Pamela Youde Nethersole Eastern Hospital, Hong Kong; 7. Shatin Hospital, Hong Kong; 8. Haven of Hope Hospital, Hong Kong; 9. Queen Mary Hospital, Hong Kong; 10. Queen Elizabeth Hospital, Hong Kong; 11. United Christian Hospital, Hong Kong
C) A Qualitative Study of Healthcare Professionals' Resilience in Two Different Cultures – Do Canadian and Japanese Palliative Care Physicians Perceive the Concept of Resilience Differently?  
Shizuma Tsuchiya1, Yusuke Takamiya1, Linda Snell2, Alenoush Saroyan2  
1. Showa University, Tokyo, Japan; 2. McGill University, Montréal, QC, Canada

D) When the Professional Becomes Personal: Navigating Dual Roles During a Loved One's Serious Illness  
Shirley Otis-Green1,4, Carla Cheatham5,6,7, Susan Blacker1,2  
1. Sinai Health System, Toronto, ON, Canada; 2. Factor-Inwentash Faculty of Social Work, Toronto, ON, Canada; 3. Collaborative Caring, Toluca Lake, CA, United States; 4. Coalition of Compassionate Care of California, Sacramento, CA, United States; 5. University of Maryland, College Park, MD, United States; 6. Seminary of the Southwest, Austin, TX, United States; 7. Carla Cheatham Consulting Group, Austin, TX, United States

E07 PROFFERED PAPERS – COMMUNICATION: IMPORTANT CONVERSATIONS  
A series of 15-minute presentations, each followed by a 5-minute question period

A) Concordance of Care with Goals of Care: Caring Through Conversations  
Cory Ingram, Mayo Clinic, Rochester, MN, United States

B) Talking About the Meaning of Life in Code-status Conversations Between Elderly Hospitalized Patients and Their Physicians  
Anca-Cristina Sterie, Etienne Rochat, Eve Rubli Truchard, Ralf J. Jox, Lausanne University Hospital, Lausanne, Switzerland

C) Decisional Control Preferences in the Hispanic Population in the Bronx  
Jhosselini Cardenas-Mori, Anca-Cristina Sterie, Etienne Rochat, Eve Rubli Truchard, Ralf J. Jox, Lausanne University Hospital, Lausanne, Switzerland

E08 WORKSHOP / PROFFERED PAPERS – SPIRITUALITY  
A 45-minute workshop, and two 15-minute proffered papers, each followed by a 5-minute question period

A) “It'll Take a Miracle!” – The Role of the Palliative Care Clinician When Engaging Families Who Are Hoping for a Miracle  
Rachel Rusch, Children's Hospital Los Angeles, CA, United States

What is the role of the provider when patients hope for a miracle? Case studies and culturally insightful literature identify challenges and innovative communication to engage with this compelling expectation.

B) Should We Say We Are From Hospice? The Spiritual Implications of Diagnosis Concealment  
Aaron Klink, Pruitt Hospice, Durham, NC, United States

C) Is Spiritual Care the Hospital's Business? A Qualitative Study on Patients' Preferences about the Integration of Spirituality in Palliative Care Units (PCU)  
Nicolas Pujol1,2, Danièle Leboul1, Chloé Prodhomme1, Frédéric Guirimand1  
1. Maison médicale Jeanne Garnier, Paris, France. 2. Université catholique de Lille, Centre d'éthique médicale, Lille, France.
Thursday, October 4, 2018

E09 PROFFERED PAPERS – HOSPICE / COMMUNITY BASED PALLIATIVE CARE
A series of 15-minute presentations, each followed by a 5-minute question period

A) Spare Ronnie From Drowning: Reducing Heart Failure Symptoms in Hospice Patients Utilizing a New Guideline-Directed Medical Therapy Algorithm
Charles Newton, HOPE HealthCare, Fort Myers, FL, United States

B) Impact of Palliative Home Care Use on Appropriateness of Care and Costs at the End of Life: A Nationwide Quasi-experimental Retrospective Case-controlled Study
Arno Maetens1, Kim Beernaert1, Robrecht de Schreye1, Kristof Faes12, Koen Pardon1, Lieven Annemans2, Luc Deliens13, Kirsten Hermans1, Joachim Cohen1
1. Vrije Universiteit Brussel & Ghent University, Ghent, Belgium; 2. Ghent University, Ghent, Belgium; 3. Ghent University Hospital, Ghent, Belgium

C) Hospice Care for Patients with Dementia in the United States: A Longitudinal Cohort Study
Aline De Vleminck1, R. Sean Morrison2, Diane E. Meier2, Melissa D. Aldridge2
1. Free University of Brussels, Brussels, Belgium
2. Icahn School of Medicine at Mount Sinai, New York, NY, United States

D) Supporting Family Physicians in Providing Community-Based Primary Palliative Care
Amy Tan, Ron Spice, Sharlette Dunn, Aynharan Sinnarajah, Cumming School of Medicine, University of Calgary, Calgary, AB, Canada

E10 PROFFERED PAPERS – NURSING
A series of 15-minute presentations, each followed by a 5-minute question period

A) Innovative Education for the Development of Competencies in the Care of People at the End of Life and Their Family Caregivers
Olga Gómez, Gloria Carrillo, Sonia Carreño, Lorena Chaparro, Universidad Nacional de Colombia, Bogota, Colombia

B) Supportive Care Needs in Thai Women with Breast Cancer Undergoing Chemotherapy: A Qualitative Study
Supanee Klungrit, Sureeporn Thanasilp, Chanokporn Jitpanya, Chulalongkorn University, Bangkok, Thailand

C) Use of the InterRAI Palliative Care (PC) Instrument: An Active Mediation Role for PC Nurses in their Professional Experience
Emmanuel Bagaragaza1234, Frédéric Guirimand1, Danièle Leboul1
1. Maison Médicale Jeanne Garnier, Paris, France; 2. Institut National de la Santé et de la Recherche Médicale (INSERM), Villejuif, France; 3. Université de Versailles Saint-Quentin-en-Yvelines, Montigny Le Bretonneux, France; 4. Université de Montréal, Montréal, QC, Canada

D) Interprofessional Clinical Reasoning: Explaining How Interprofessional Teams Make Shared Decisions in Advanced Cancer and Cachexia Care
Monica P. Parmar12, R. Thomas Jagoe12, Margaret Purden12, Matthew Hunt2, S. Robin Cohen12
1. Jewish General Hospital, Montréal, QC, Canada; 2. McGill University, Montréal, QC, Canada

E11 A) Opioids and Breathlessness: Looking Both Ways
Mellar Davis, Geisinger Medical Center, Danville, PA, United States
Opioids are commonly used to relieve dyspnea but have drawbacks including worsened sleep disordered breathing and increased mortality. We will review the risks, benefits and options to mitigate risks.

E11 continued on next page
B) Confusing Times: Unraveling the Complexities of Delirium Management in Palliative Care

Shirley H. Bush\textsuperscript{1,2,3,4}, Elise Skinner\textsuperscript{4}, Bruno Gagnon\textsuperscript{5}, Peter G. Lawlor\textsuperscript{1,2,3,4}

1. University of Ottawa, ON, Canada; 2. Bruyère Research Institute, Ottawa, ON, Canada;
3. Ottawa Hospital Research Institute, Ottawa, ON, Canada; 4. Bruyère Continuing Care, Ottawa, ON, Canada; 5. Laval University, Québec, QC, Canada

This workshop on delirium management will demonstrate how to bring recent research to the bedside, including strategies that interprofessional team members can implement to improve the care of delirious patients.

E12

A) Understanding Countertransference in Palliative Care

Mark Heiland\textsuperscript{1}, Marcos Montagnini\textsuperscript{2}, Linda Blum\textsuperscript{3}

1. Siteman Cancer Center, Saint Louis, MO, United States; 2. The University of Michigan, Ann Arbor, MI, United States; 3. California Pacific Medical Center, San Francisco, CA, United States

Countertransference is commonly experienced by healthcare providers. This workshop will allow participants to better understand the concept of countertransference and to explore strategies to work with and through it in hospice and palliative care settings.

B) When Helping Hurts: Iatrogenic Consequences/Effects on the Patient-Caregiver Dyad

Katie Jones, Kysa Christie, Lara Michal Skarf, VA Boston Healthcare System, Boston, MA, United States

Patient and Caregiver burden can influence many aspects of the care of palliative care patients. Using an interactive tool we will review strategies for assessing and intervening in this burden.

E13

ATELIERS : ARTS ET HUMANITÉS

A) Et si Ricoeur faisait partie de notre équipe de Soins Palliatifs ?

Louise La Fontaine, Maison Victor Gadbois, Saint-Mathieu-de-Beloeil, QC, Canada

Au cours de cette présentation, nous poserons un regard sur ce qui unit une pratique de qualité, telle qu’exprimée par les soignants, et la pensée de Ricoeur, dans une perspective réflexive.

B) Analyse de l’impact des séances d’art-thérapie musicale « Pansement Schubert »

Claire Oppert, Jean-Marie Gomas, Unité fonctionnelle douleur chronique et soins palliatifs, CHU Sainte Perine, Paris, France

Cette étude clinique nous permet d’analyser dans quelle mesure la présence de la musique vivante (violoncelle) au cours d’un soin infirmier est un facteur bénéfique associant diminution de la douleur et de l’anxiété du patient en fin de vie et bien-être psychologique du soignant et des proches.

ROS2

SPECIAL SEMINAR: SCIENTIFIC DAY OF THE ROSPAL

SYMPOSIUM 2: DECISION MAKING AT END OF LIFE

Moderator: Serge Dumont, Université Laval, Québec, QC, Canada

(For more information on this Special Seminar, see box on page 36.)

(Presented in French)
PLENARY

PL3 CARING FOR THE FRAIL ELDERLY

CONTEXT-SENSITIVE PALLIATIVE CARE (Presented in English)

Bettina S. Husebo, Professor, Department of Global Public Health and Primary Care, University of Bergen, Bergen, Norway

Dementia is the greatest global challenge for health and social care. Multimorbid home-dwelling elderly people and nursing home patients with/without dementia are in need of complex and context-sensitive palliative care interventions such as advance care planning, assessment and treatment of pain and other symptoms, medication review, activities, and assistive technology.

WHEN THERE ARE NO MORE WORDS...
HOW DO WE UNDERSTAND? (Presented in French)

Jean-Marie Gomas, Project Leader, Palliative Care, Home Hospitalization, Fondation Santé Service, Puteaux, France

When they can no longer speak, how can we understand their pain and suffering? When only cries and delirium remain, what “level of listening” will allow us to decipher their meaning? As for the last breath, so often taken after the visitors have left the room... It is the last sign of letting go, and the “meaning” of life in the end.

RQS3 SPECIAL SEMINAR: JOURNÉE SCIENTIFIQUE DU RQSPAL

SYMPOSIUM 3: RECHERCHE CLINIQUE ET GESTION DES SYMPTÔMES

Modérateuses : Josée Savard et Lynn Gauthier, Université Laval, Québec, QC, Canada

(For more information on this Special Seminar, see box on page 36.)

(Presented in French)
7:00 – 8:00  SELF-CARE ACTIVITIES

7:45 – 8:45  RESEARCH FORUM

RF3

Chair: David K. Wright, University of Ottawa, Ottawa, ON, Canada
Discussant: Donna Wilson, University of Alberta, Edmonton, AB, Canada

A) Responding to Urgency of Need in Palliative Care: Stage Two of the Development of a Palliative Care Triage Tool
Bethany Russell1,3, Sara Vogrin1, Anna Collins1, Nicole Hennessy-Anderson2, Jodie Burchell1, Brian Le1,5, Caroline Brand1,7, Peter Hudson2,3,8, Vijaya Sundararajan1, Jennifer Philip15
1. University of Melbourne, Melbourne, VIC, Australia
2. St Vincent's Hospital Melbourne, Melbourne, VIC, Australia
3. Royal Melbourne Hospital, Melbourne, VIC, Australia
4. Victorian Comprehensive Cancer Centre, Melbourne, VIC, Australia
5. Melbourne Epicentre, University of Melbourne and Melbourne Health, Melbourne, VIC, Australia;
6. Monash University, Melbourne, VIC, Australia
7. Queens University, Belfast, United Kingdom

B) Preparing for the Dying and 'Dying in Honor': Guineans' Perceptions of Palliative Care in Ebola Treatment Centers
Elysée Nouvet1, Sékou Kouyaté4, Kevin Bezanson7, Oumou Bah-Sow3,2, Alpha Amadou Diallo5,6, Lisa Schwartz2, Matthew Hunt4, Rachel Yantzi2, Sonya DeLaat2, Pathé Diallo5,6
1. Western University, London, ON, Canada
2. McMaster University, Hamilton, ON, Canada
3. Hôpital National Ignace Deen, Conakry, Guinea
4. Université Sonfonia, Conakry, Guinea
5. Université de Conakry-Guinée, Conakry, Guinea
7. Northern Ontario School of Medicine, Lakehead & Laurentian Universities, Thunder Bay, ON, Canada
8. McGill University, Montréal, QC, Canada

C) Place-based Experiences of Formal Healthcare Settings by People Experiencing Vulnerability at the End of Life
Melissa Giesbrecht1, Kelli Stajduhar2, Ashley Mollison1, Bernie Pauly7, Sheryl Reimer-Kirkham7, Ryan McNeil1,4, Bruce Wallace1, Caelin Rose1, Naheed Dosani5
1. University of Victoria, Victoria, BC, Canada
2. Trinity Western University, Langley, BC, Canada
3. BC Centre on Substance Use, Vancouver, BC, Canada
4. University of British Columbia, Vancouver, BC, Canada
5. Inner City Health Associates, Toronto, ON, Canada
PEL14 EVALUATING OUR PRACTICES
THE VALUE OF RANDOMISED CONTROLLED TRIALS IN IMPROVING PALLIATIVE CARE

David Currow, Professor of Palliative Medicine, ImPACCT, University of Technology Sydney, Sydney, Australia

People at the end of life are some of the frailest people for whom clinical care is provided. Ensuring that we have the best evidence to identify people who are most likely to benefit, are least likely to benefit or may experience harms requires high quality randomised control trials in this population. Such data cannot be extrapolated necessarily from elsewhere in clinical knowledge. Understanding the net affect (benefit and harms) is the basis of ensuring that we continue to refine our clinical practice for all people who have a life limiting illness, whether they are referred to a palliative care service or not.

EVALUATING OUR CONVERSATIONS ABOUT MEANING AND MYSTERY

Barbara Pesut, Canada Research Chair, Health, Ethics and Diversity; Professor, School of Nursing, University of British Columbia, Kelowna, BC, Canada

Spirituality and religion are about meaning and mystery, ideas that are difficult to talk about at the best of times. But, in a climate where diverse expressions of spirituality are replacing the shared language and meaning of religion, finding a common language is even more challenging. Theologians have referred to this phenomenon as linguistic bereavement. As a result, patients and families suffering loss may find themselves doubly bereaved by not being able to express what is most important to them within clinical encounters. In this session we will explore how cultural flows have influenced our abilities to talk about spirituality and religion and how we can re-envision supporting patients and families in palliative practice.

10:30 – 11:00 BREAK

At 11:00 participants may attend either the Special Seminar on Bereavement (F01/G01) which continues until 15:30; or choose from a selection of workshops at 11:00 (F02-F14), and at 14:00 (G02-G14).

11:00 – 15:30 SPECIAL SEMINAR

BEREAVEMENT – Reconstructing the Continuing Bond: Accessing the Back Story of the Relationship

Co-Chairs: Chris MacKinnon, McGill University, Montréal, QC, Canada
Johanne de Montigny, Psychologist, Montréal, QC, Canada
Robert A. Neimeyer, University of Memphis, Memphis, TN, United States

This clinically-oriented workshop considers grieving as a process of reconstructing rather than relinquishing our bonds with those who have died. Learning outcomes include (1) identifying dimensions of insecure attachment that complicate adaptation before and after the death; (2) describing risk factors for anticipatory grief in hospice and palliative care; and (3) practicing psychotherapy techniques for consolidating a constructive bond with the deceased.

11:00-12:30 F01 Meaning and Attachment: Restoring Coherence in the Wake of Loss
14:30-15:30 G01 The Life Imprint: Cultivating Connection Through Living Legacies
11:00 – 12:30  **CHOICE OF SPECIAL SEMINAR (F01) OR CONCURRENT WORKSHOPS (F02 – F14)**

**F01** SPECIAL SEMINAR: **BEREAVEMENT: Reconstructing the Continuing Bond**

(Part 1 – see box 50)

**F02** WORKSHOP / PROFFERED PAPERS – **FAMILY PARTICIPATION AND SUPPORT**

A 45-minute workshop and two 15-minute proffered papers, each followed by a 5-minute question period

A) **Where's the Family: How to Incorporate Family Participation in Home Hospice Care Plan Meetings**

Debra Parker Oliver, Paul Tatum, University of Missouri, Columbia, MO, United States

This workshop demonstrates how to involve family in the hospice care plan meeting and the benefits and challenges. We will demonstrate a web-conferencing platform and use videos of real encounters.

B) **Benefits of Family Meetings for Hospitalized Palliative Care Patients and Their Family Caregivers**

Peter Hudson1,2, Kristina Thomas1, Afaf Girgis4, Geoffrey Mitchell5, Jenny Philip1,2,6, Deborah Parker7, David Currow7, Danny Lieu8, Brian Le9, Juli Moran10, Caroline Brand8

1. St Vincent’s Hospital Melbourne, Melbourne, VIC, Australia; 2. The University of Melbourne, Melbourne, VIC, Australia; 3. Vrije University Brussels, Brussels, Belgium; 4. The University of New South Wales, Sydney, NSW, Australia; 5. University of Queensland, Brisbane, QLD, Australia; 6. Victorian Comprehensive Cancer Centre, Melbourne, VIC, Australia; 7. University of Technology Sydney, Sydney, NSW, Australia; 8. Monash University, Melbourne, VIC, Australia; 9. Melbourne Health, Melbourne, VIC, Australia; 10. Austin Health, Melbourne, VIC, Australia

C) **Symptom Management Program Combined with an Intervention Based on Basic Buddhist Principles on Caring Behaviors of Family Caregivers in Advanced Cancer Patients**

Noppamat Pudtong1, Sureeporn Thanasilp1, Ratchaneekorn Upasen1, Janya Chimluang1, Lanchasak Akkayagorn1, Wilailuck Tantitrakul1

1. Chulalongkorn University, Bangkok, Thailand; 2. King Chulalongkorn Memorial Hospital, Bangkok, Thailand; 3. Hospital of Excellence in Thai Traditional and Complementary Medicine for Cancer at Sakonnakhon, Sakonnakhon, Thailand

**F03**

A) **Achieving Equity in Palliative Care: Researchers and Practitioners from Three Canadian Cities Discuss What It Takes**

Kelli Stajduhar1, Naheed Dosani2, Simon Colgan3

1. University of Victoria, Victoria, BC, Canada; 2. Inner City Health Associates, Toronto, ON, Canada; 3. Alberta Health Services, Calgary, AB, Canada

Drawing on research findings and practitioner experiences, this workshop engages participants to discuss and apply promising practices for promoting equity for all at the end of life.

B) **A Palliative Approach to Care for Non-Healthcare Workers Supporting People Who Are Homeless**

Paul Holyoke, Sandra Tudge, Katherine Rizzi, Saint Elizabeth Health Care, Markham, ON, Canada

In this workshop, we will describe the development of a curriculum on the palliative approach to care for non-healthcare care workers within a collaborative pan-Canadian partnership. Participants will have an opportunity to experience 'learning' the curriculum.
A) Prenatal Palliative Care: ‘The Dawn of Care at the End of the Beginning of Life’
Lisandra Stein Bernardes¹, Chalotte Wool², Berthélémy Tosello³
1. University of São Paulo, São Paulo, Brazil; 2. York College of Pennsylvania, York, PA, United States; 3. AP-HM Hôpital Nord, CHU Marseille, Marseille, France
This workshop will provide a general framework to palliative care after prenatal diagnosis of fetal malformation, and will delineate its uniqueness, current challenges and opportunities.

B) How to Implement a Perinatal Hospice Program: An Interdisciplinary Toolkit
Megan Doherty¹,²,³,⁴, Lynn Grandmaison-Dumond¹,², Carol Chevalier¹,², Kathryn Brooks¹,²
1. Children’s Hospital of Eastern Ontario, Ottawa, ON, Canada; 2. Roger Neilson House, Ottawa, ON, Canada; 3. University of Ottawa, Ottawa, ON, Canada; 4. World Child Cancer, London, United Kingdom
Explore a holistic team model for providing Perinatal Hospice, which supports families who are expecting the birth of a child with a known potentially lethal or life-limiting illness.

F05 PROFFERED PAPERS – COMMUNICATION
A series of 15-minute presentations, each followed by a 5-minute question period

A) Barriers to End-of-Life Discussions Among Hematologists: a Qualitative Study
Chloé Prod’homme, Centre d’éthique médicale and Centre hospitalier régional universitaire Lille, Lille, France

B) Creation of Individualized Care Plans in High Risk Oncology Patients: A Team Based Model to Decrease Unnecessary Hospitalizations and ED Utilization
Ruth Lagman¹, Armida Parala-Metz², Girish Kunapareddy¹, Joseph Hooley¹, Pramod Prinnamaneni¹, Christa Poole¹, Helen Tackitt¹, Alberto Montero¹
1. Cleveland Clinic, Cleveland, OH, United States; 2. Carolinas Health Care System, Charlotte, NC, United States

C) Patient and Family Related Barriers of Integrating End-of-Life Communication into Advanced Illness Management
Jennifer Im¹, Susanna Mak¹, Ross Upshur¹,², Leah Steinberg¹,³, Kerry Kuliski¹,³
1. University of Toronto, Toronto, ON, Canada; 2. Mount Sinai Hospital, Toronto, ON, Canada; 3. Bridgepoint Collaboratory for Research and Innovation, Toronto, ON, Canada

D) Overcoming Key Issues to Using the Serious Illness Communication Guide Across Clinical Settings with an Interprofessional Team
Jennifer Kryworuchko¹,², Patricia Strachan³, Elizabeth Beddard-Huber², Della Roberts³, Susan Brown³, Vicki Kennedy³, Mia Marles³

F06 PROFFERED PAPERS – RESEARCH
A series of 15-minute presentations, each followed by a 5-minute question period

A) Navigation Rates for Adults with Cancer at End of Life
Grace Park¹, Grace Johnston¹, Robin Urquhart¹, Gordon Walsh¹, Meg McCallum¹, Krista Rigby¹
1. Dalhousie University, Halifax, NS, Canada; 2. Nova Scotia Health Authority, NS, Canada

B) A Pan-Canadian Palliative Care Research Collaborative
James Downar¹, Vickie Baracos, Peter Lawlor¹, Camilla Zimmermann¹, Sarina Isenberg¹, Peter Tanuseputro¹, Deborah Dudgeon⁰, Lyle Galloway⁰, Russell Goldman¹, Sara Urowitz¹, Bruno Gagnon⁰
A) Symptom Correspondence Between the ESAS and QUAL-E in Patients with Advanced Cancer
Brian Li, Kenneth Mah, Nadia Swami, Ashley Pope, Christopher Lo, Gary Rodin, Breffni Hannon, Camilla Zimmermann, Princess Margaret Cancer Centre, Toronto, ON, Canada

B) More Than Meets the GI: Application of an Algorithm for the Medical Management of Malignant Bowel Obstruction
Anessa M Foxwell, Tanya Uritsky, Hospital of the University of Pennsylvania, Philadelphia, PA, United States

C) A Multidimensional Strategy to Improve Quality of Life in Patients with Multiple Symptoms and Palliative Care Needs: the Development of the MuSt-PC
Albert de Heij1, Lotte van der Stap2, Agnes van der Heide1, Yvonne Engels4, Heidi Fransen3, Daisy Janssen4, Saskia Teunissen2, Henk van Weert4, Myra van Linde5, Yvette van der Linden2, An Reyners1
1. University Medical Center Groningen, Groningen, The Netherlands; 2. Leiden University Medical Center, Leiden, The Netherlands; 3. Erasmus University Medical Center, Rotterdam, The Netherlands; 4. Radboud University Medical Center, Nijmegen, The Netherlands; 5. Netherlands Comprehensive Cancer Organisation (IKNL), Utrecht, The Netherlands; 6. Maastricht University Medical Center, Maastricht, The Netherlands; 7. University Medical Center Utrecht, Utrecht, The Netherlands; 8. University of Amsterdam, Amsterdam, The Netherlands; 9. VU University Medical Center, Amsterdam, The Netherlands

D) Maximizing Safety and Efficacy in the Methadone Dance: Application in Palliative Care
Mary Lynn McPherson1, Kathryn A. Walker12, Mellar P. Davis3
1. University of Maryland School of Pharmacy, Baltimore, MD, United States; 2. MedStar Health, Columbia, MD, United States; 3. Geisinger Health, Danville, PA, United States
F08 PROFFERED PAPERS – COMPASSIONATE COMMUNITIES
Three 20-minute presentations, each followed by a 10-minute question period

A) The CHOICE Project: A Randomised Exploratory Pilot Trial Testing the Acceptability and Preliminary Efficacy of a Public Health Communication Intervention
Anna Collins1, Sue-Anne McLachlan1, Jennifer Philip2
1. St Vincent’s Hospital Melbourne, University of Melbourne, VIC, Australia
2. Victorian Comprehensive Cancer Centre, Melbourne, VIC, Australia

B) Starting from Scratch: Engaging Communities Using an Asset-Based Approach
Mary Matthiesen, Lisa Deal, Mission Hospice & Home Care, San Mateo, CA, United States

C) Compassionate Communities in British Columbia: A Successful Social Palliative Care Model
Eman Hassan, Kathy Kennedy, Doris Barwich, BC Centre for Palliative Care, Vancouver, BC, Canada

F09 PROFFERED PAPERS – EDUCATION
A series of 15-minute presentations, each followed by a 5-minute question period

A) Secondary Emotional Labor: The Implications of Supervisor Responses to Emotional Labor of Hospice Nurses
Barbara DiCicco-Bloom1,2, Benjamin DiCicco-Bloom2
1. City University of New York, NY, United States
2. Franklin and Marshall College, Lancaster, PA, United States

B) Experience-based Design: Using Quality Improvement Strategies to Identify Family and Staff Experiences in Conversations at End of Life
Jennifer Wong1,2,3, Bailey Hollister1,3, Emily McRobert1, Jim Huth1,2,3, Alena Hung1
1. Sunnybrook Health Sciences Centre, Toronto, ON, Canada
2. Sunnybrook Research Institute, Toronto, ON, Canada
3. University of Toronto, Toronto, ON, Canada

C) An Innovative Integrated Competency-based Approach in Palliative Medicine for an Interprofessional Team
Amandine Mathe1,2, Benoît Burucoa1,2, Marie-Noelle Belloir3, Josyane Chevallier4, Sigolène Gautier5, Marc-Elie Huon6, Danièle Leboul7, Stéphane Moreau8, Karin Parent9, Jean Jouquan10, Florence Parent10
1. Centre Hospitalier Universitaire de Bordeaux, Bordeaux, France; 2. Université Bordeaux-II, Bordeaux, France; 3. Centre Hospitalier Universitaire de Rennes, Rennes, France; 4. Centre Hospitalier Universitaire de Montpellier, Montpellier, France; 5. Hôpital des Charmettes, Lyon, France; 6. Centre Hospitalier Universitaire de Brest, Brest, France; 7. Maison Médicale Jeanne Garnier, Paris, France; 8. Centre Hospitalier Universitaire de Limoges, Limoges, France; 9. Groupe Hospitalier de Loos-Haubourdin, Loos-Haubourdin, France; 10. Université Libre de Bruxelles, Bruxelles, Belgique

D) Engaging Bereaved Family Members in the Development of a Palliative Care Patient/Family Education Resource
Meg McCallum1,2, Leslie Hill1,2, Cheryl Tschupruk1, Heather Brander2
1. Nova Scotia Cancer Care Program, Halifax, NS, Canada
2. Nova Scotia Health Authority, Halifax, NS, Canada
Friday, October 5, 2018

F10  PROFFERED PAPERS – ETHICAL ISSUES
A series of 15-minute presentations, each followed by a 5-minute question period

A) Endgame: Philosophical, Clinical and Legal Distinctions Between Palliative Care and Termination of Life
Mary J Shariff, Mark Gingerich, University of Manitoba, Winnipeg, MB, Canada

B) Catholic Health Care, Palliative Care, and MAiD:
Creating Space for Practice and Responding to Those We Serve
Ashley J. Payne, Kelly Konyk, Providence Health Care, BC, Canada

C) "Can't We Get This Over With?": Ethical Issues Responding to Suicide Attempts in Hospice
Lara Skarf1, Jordana Meyerson1,2, Kelly McKinell1, Stacey Phalen1, Rod Dismukes1, Rachel Meyen1,2
1. Veterans Affairs Boston Healthcare System, Boston, MA, United States
2. Harvard Medical School, Boston, MA, United States

D) Organ Donation in the Context of Medical Assistance in Dying (MAiD)
Matthew Weiss, Centre hospitalier universitaire de Québec et Transplant Québec, Montréal, QC, Canada

F11  WORKSHOP / PROFFERED PAPER – DREAMS AND VISIONS
A 45-minute workshop, and a 15-minute proffered paper followed by a 5-minute question period.

A) Dreams and Visions at the End of Life: What We Know and What We Can Do
Rachel Depner1,2, Pei Grant1, Kathryn Levy1
1. The Center for Hospice and Palliative Care, NY, United States
2. University at Buffalo, Buffalo, NY, United States

Dreams and visions are a common experience among the dying. This workshop will explore research on this topic and basic skills for clinicians who may encounter people having this experience.

B) Delirium, Psychoeducation and Psychological Management of Nearing Death Awareness
Kees Lodder, North Haven Hospice, Whangarei Hospital, Whangarei, New Zealand

F12  PROFFERED PAPERS – PALLIATIVE CARE IN CRITICAL CARE SETTING
A series of 15-minute presentations, each followed by a 5-minute question period

A) Analysis of Do Not Resuscitate Order (DNR) & Allow Natural Death (AND) Practice in Saudi Arabia: Experience of Three Major Centers
Amani Babgi1, Sami Al Shammary2, Wesam Abuznadaah3, Mohammed AboSeda4, Mona Al Sheikh5, Helen Mc Grath1, Basim Al Saywi4, Zainab Abdrabualniabi5, Mohammed Mahafzah2
1. Johns Hopkins Aramco Healthcare, Dhahran, Kingdom of Saudi Arabia; 2. King Fahad Medical City, Riyadh, Kingdom of Saudi Arabia; 3. King Fahad Specialist Hospital, Dammam, Kingdom of Saudi Arabia; 4. King AbdulAziz Medical City, Jeddah, Kingdom of Saudi Arabia

B) The End of Life Implications of Patient Categorization on a Medical Ward
Lisa Chan1, Mary Ellen Macdonald1,2, Franco Carnevale1, Robin Cohen1,2
1. McGill University, Montréal, QC, Canada; 2. Lady Davis Institute for Medical Research, Montréal, QC, Canada; 3. Montreal Children’s Hospital, Montréal, QC, Canada; 4. University of Ottawa, Ottawa, ON, Canada

F12 continued on next page
C) Evaluation of a Decision Aid Supporting Critically Ill Patients' Decisions About Life-Sustaining Therapies – A Pilot Project
Ariane Plaisance1,2, Patrick Michel Archambault1,2, Annie LeBlanc1
1. Université Laval, Québec, QC, Canada; 2. Centre intégré de santé et de services sociaux de Chaudière, Appalaches, Ste-Marie de Beauce, QC, Canada

D) Fostering Palliative Care Among Intensive Care Nurses at a Cancer Center: A Partnership Between Palliative Care and Critical Care Nursing
Sarah Thirlwell, Angela Sandberg, Barbara Lubrano di Ciccone, Diane Portman, Moffitt Cancer Center, Tampa, FL, United States

F13 WORKSHOP / PROFFERED PAPERS – PAIN AND SYMPTOM CONTROL
A 45-minute workshop and two 15-minute proffered papers, each followed by a 5-minute question period.

A) Palliative Care in Cardiology: the Art of Deprescribing
Martine Lacroix1,2, Julie Sirois-Leclerc1,2,3, Mark Liszkowski1
1. Institut de Cardiologie de Montréal, Montréal, QC, Canada; 2. Université de Montréal, Montréal, QC, Canada; 3. McGill University, Montréal, QC, Canada

This interactive workshop aims to understand the challenges of deprescribing in cardiology, and evaluate when and how to stop various pharmacological classes of drugs in accordance with their indications.

B) Impact of a Comprehensive Ketamine Protocol on Cancer Pain in a Palliative Care Unit
Yee Choon Meng, Provido Mahrley Tanagon, Low Zhi Jun, Ang Ching Ching, Allyn Hum Yin Mei, Tan Tock Seng Hospital, Singapore

C) Anxiety Disorders Contribute to Extent of Opioid Prescription in Head and Neck Cancer: A Longitudinal Study
Melissa Henry1,2, Ali Alias1,2, Saul Frenkier1,1,2, Keith Richardson1,3, Michael Hier1,2, Anthony Zeitouni1,3, Karen Kost1,3, Alex Mlynarek1,2, Martin Black1,2, Christina MacDonald1, Gabrielle Chartier1, Zeev Rosberger1,2
1. McGill University, Montréal, QC, Canada; 2. Jewish General Hospital, Montréal, QC, Canada; 3. McGill University Health Centre, Montréal, QC, Canada

F14 PRÉSENTATIONS COURTES – SOINS
Une série d'exposés de 15 minutes, chacun suivi d’une période de questions de 5 minutes

A) Les soins palliatifs en orthophonie, aphasie post accident vasculaire cérébrale (AVC) comme modèle type
Mohamed Haciane, Université Mouloud Mammeri, TiziOuzou, Algérie

B) Souffrance et psychodynamique du travail facteur de développement en EMASP
Sophie Chrétien, Charles Joussellin, Hôpital Bichat-APHP, Paris, France

C) Les soins spirituels : pour une logique spirituelle relationnelle
Mélany Bisson, CIUSS du Centre-Sud-de-l’île-de-Montréal, Montréal, QC, Canada

12:30 – 14:30 LUNCH BREAK AND SPECIAL PLENARY
(Lunch boxes available for pre-purchase, see page 66 for information.)

12:50-14:05 LO4 SPECIAL PLENARY: Gastronomical Pleasures at the End of Life: The French Touch (see page 4)
14:30 – 15:30  CHOICE OF SPECIAL SEMINAR (G01) OR CONCURRENT WORKSHOPS (G02 – G14)

G01  SPECIAL SEMINAR: BEREAVEMENT: Reconstructing the Continuing Bond
(Part 2 – see box on page 50)

G02  PROFFERED PAPERS – CARE FOR THE FRAIL ELDERLY
Three 15-minute presentations, each followed by a 5-minute question period

A) The Dignity In Advanced DEMENTia (DIADEM) Study: Quality of Life of Home Dwelling Patients and Caregiver Burden
Allyn Hum1,2, Riyin Tay1, Noorhazlina Binte Ali2, Huei Yaw Wu1,2, Ian Leong2, Jing Jih Chin2, Angel Lee2, Mervyn Koh1,2
1. Palliative Care Centre for Excellence in Research and Education, Singapore; 2. Tan Tock Seng Hospital, Singapore; 3. St Andrew’s Community Hospital, Singapore

B) The Need for and Value of Nurse Prescribing for Frail Elderly Persons: Findings of a 2017 Irish Study
Donna M Wilson1,2, Jill Murphy1, Anne Fahy2
1. University of Alberta, Edmonton, AB, Canada; 2. Limerick University, Limerick, Ireland

C) Palliative Care Principles for the Frail Elder: Optimizing Shared-Decision Making Before End of Life
Keith Swetz1, Ashley Kimeu2, John Batsis3
1. University of Alabama at Birmingham, Birmingham, AL, United States; 2. Mayo Clinic, Rochester, MN, United States; 3. Dartmouth Hitchcock Medical Center, Lebanon, NH, United States

G03  PROFFERED PAPERS – PALLIATIVE CARE IN CARDIOLOGY
Three 15-minute presentations, each followed by a 5-minute question period

A) Feasibility and Acceptability for Home-Based Palliative Care for Patients with Heart Failure
Sarina R. Isenberg1,2, Amna Husain1,2, Susanna Mak3, Leah Steinberg1,2
1. Temmy Latner Centre for Palliative Care, Sinai Health System, Toronto, ON, Canada; 2. University of Toronto, Toronto, ON, Canada; 3. Sinai Health System, Toronto, ON, Canada

B) The Latest on Heart Failure Palliative Care
Gil Kimel, Cindy Nordquist, St. Paul’s Hospital, Vancouver, BC, Canada

C) Management of ICD and LVAD in Palliative Care and Hospice Patients
Jatin Dave1,2,3, Tamara Vesel1,2
1. Tufts University School of Medicine, Boston, MA, United States; 2. Tufts Medical Center, Boston, MA, United States; 3. New England Quality Care Alliance, Braintree, MA, United States

G04  PROFFERED PAPERS – PEDIATRIC PALLIATIVE CARE
Three 15-minute presentations, each followed by a 5-minute question period

A) Turning Water into Wine: A New Community Pharmacy Workforce Delivering Pediatric Palliative Care Services Across Scotland
Kate McCusker, Children’s Hospices Across Scotland, Edinburgh, Scotland

B) To See the World Differently: Influencing and Effecting Change Through Film and Media
Maria McGill1, Mark Sheridan1
1. Children’s Hospices Across Scotland (CHAS), Edinburgh, Scotland; 2. University of The Highlands and Islands, Inverness, Scotland

G04 continued on next page
C) Pediatric Palliative Care in Rwanda: The Case of Butaro Cancer Center of Excellence

Jean Paul Balinda1, Diane Mukasahaha1, François Uwinkindi1, Marc Hagenimana1, Arielle Eagan2, Vedaste Hategkimana1, Regis Uwizeye1, Xaverine Nyiransabimana1

G05 PROFFERED PAPERS – PALLIATIVE CARE FOR UNDERSERVED POPULATIONS

Three 15-minute presentations, each followed by a 5-minute question period

A) Dying in the Shadows: Injustice, Healing, and Care for Urban Poor Near the End of Life

David Moller, Anne Arundel Medical Center, Annapolis, MD, United States

B) Insights into End of Life Care Provision for Hospitalised Prisoners

Stacey Panozzo1, Jennifer Philip1,2,3, Tamsin Bryan1, Carrie Lethborg1
1. St Vincent’s Hospital Melbourne, Melbourne, VIC, Australia; 2. University of Melbourne, Melbourne, VIC, Australia; 3. Victorian Comprehensive Cancer Centre, Melbourne, VIC, Australia

C) Conceptualizing an Ethics for Prison Palliative Care

Helen Hudson, David Wright, University of Ottawa, Ottawa, ON, Canada

G06 PROFFERED PAPERS – INNOVATIVE TECHNOLOGY

Three 15-minute presentations, each followed by a 5-minute question period

A) A Novel mHealth Approach: Mobile Phone Technology for Assessing and Managing Palliative Care Needs for Cancer Patients in Rwanda

Christian Ntizimira1, Blaise Uhagaze2, Eric Kabisa2, Peace Kyokunda2, Emmanuel Nsengiyumva2, Olive Mukeshimana3, Gilles François Ndahisaba3, François Uwinkindi3, Clarisse Musanabaganwa3, Aparna Parikh5, Mark Stoltenberg5
1. Harvard Medical School, Boston, MA, United States; 2. Rwanda Palliative Care and Hospice Organisation, Rwanda; 3. Kibagabaga Hospital, Kigali, Rwanda; 4. Rwanda Biomedical Center, Kigali, Rwanda; 5. Massachusetts General Hospital, Boston, MA, United States

B) Automated Prospective Clinical Surveillance for Inpatients at Elevated Risk of One-year Mortality Using a Modified Hospital One-Year Mortality Risk (mHOMR) Score

James Downar1,2,3, Gayathri Embuldeniya1, Shahin Ansari2, Ellen Koo2, Daniel Kobewka3, Erin O’Connor1,2,3, Peter Wu2, Peter Wegier2, David Frost2, Leah Steinberg3, Russell Goldman3, Chaim Bell1,3, Tara Walton5, Judi Costello2, Carl van Walraven4
1. University of Toronto, Toronto, ON, Canada; 2. University Health Network, Toronto, ON, Canada; 3. Sinai Health System, Toronto, ON, Canada; 4. University of Ottawa, Ottawa, ON, Canada; 5. Ontario Palliative Care Network, Toronto, ON, Canada

C) Using Social Network Analysis to Optimize the Circle of Care in Compassionate Communities

Nima Moradianzadeh, Pooya Moradianzadeh, Ziad Kobti, Sarah Hansen, Kathryn Pfaff, University of Windsor, Windsor, ON, Canada
PROFFERED PAPERS – CANNABIS
A series of 15-minute presentations, each followed by a 5-minute question period

A) Incorporating Medical Cannabis in Supportive and Palliative Care: a Canadian Model
Erin Prosk2, Michael Dworkind1,2, Gligorka Raskovic3, Maria-Fernanda Arboleda1,2, Antonio Vigano12
1. McGill University Health Center, Montréal, QC, Canada; 2. Santé Cannabis, Montréal, QC, Canada; 3. Rossy Cancer Network, Montréal, QC, Canada

B) Cannabis-Based Medications: The Future Co-analgesics of Choice for Cancer Patients?
Maria-Fernanda Arboleda1,2, Vi Dam2, Erin Prosk2, Michael Dworkind1,2, Antonio Vigano12
1. McGill University, Montréal, QC, Canada; 2. Santé Cannabis, Montréal, QC, Canada

PROFFERED PAPER / WORKSHOP – PALLIATIVE CARE FOR THE LGBTQ COMMUNITY
A 15-minute presentation followed by a 5-minute question period, and a 40-minute workshop

A) LGBTI Issues in Palliative Care
Prakashni Reddy, Bruce Rumbold, Philomena Horsley, Susan Chong, Latrobe University, Melbourne, VIC, Australia

B) Issues in Palliative Care for Transgender and Gender Non-conforming People
Susan Cadell1, Marie-Claude Grégoire3, Mary Ellen Macdonald2
1. Dalhousie University, Halifax, NS, Canada; 2. McGill University, Montréal, QC, Canada; 3. University of Waterloo, Waterloo, ON, Canada

Mis-gendering means addressing people with what for them is the ‘wrong’ pronoun, in life or after death. This interactive workshop welcomes all in palliative care. Clinical scenarios will be used.

PROFFERED PAPERS – COMPASSIONATE COMMUNITIES / VOLUNTEERS
Two 20-minute presentations, each followed by a 10-minute question period

A) When Volunteers Met AI: Transforming Volunteer Engagement Through the Power of the Volunteer Voice and Digital Technology
Morven MacLean, Will McLean, Children’s Hospices Across Scotland, Glasgow, Scotland, United Kingdom

B) How Do I Start a Compassionate Community? We Have the Kit for You!
Bonnie Tompkins, Pallium Canada, Ottawa, ON, Canada

PROFFERED PAPERS – COMMUNICATION
A series of 15-minute presentations, each followed by a 5-minute question period

A) "Hoping for the Best and Preparing for the Worst" – Understanding the Needs of People Living with Treatable but not Curable Cancer and Developing Solutions for Choice and Support for People
Adrienne Betteley, Macmillan Cancer Support, London, United Kingdom

B) The Great Divide: Is What We Tell Our Patients Actually What They Hear?
A Reflection on Our Practice
Heather Brander1,2, Michael MacKenzie1,2, Jeannie Kennedy1,2, Ron MacCormick1,2,3
1. St.Martha’s Regional Hospital, Antigonish, NS, Canada; 2. Nova Scotia Health Authority, Halifax, NS, Canada; 3. Cape Breton Cancer Centre, Sydney, NS, Canada
Friday, October 5, 2018

G11 PROFFERED PAPERS – WHOLE PERSON CARE
Three 15-minute presentations, each followed by a 5-minute question period

A) An Exploration of How Specialist Palliative Care Nurses Identify and Manage Patients with Existential Distress
Zara Fay1, Colm O’Boyle2
1. St Francis Hospice, Dublin, Ireland
2. Trinity College, Dublin, Ireland

B) Completing the Bucket List: Leveraging Telehealth in Palliative Care to Support Legacy-making and Dignity
Diane Portman, Sarah Thirlwell, Kristine A. Donovan, Moffitt Cancer Center, Tampa, FL, United States

C) Giving Voice to Patient and Family Palliative Experiences Through the Development of Digital Stories and Patient and Family Centered Care Strategies
Janice Hagel1, Bev Berg1, Aynharan Sinnarajah1,2
1. Alberta Health Services-Calgary Zone, Calgary, AB, Canada
2. University of Calgary, Calgary, AB, Canada

G12 PROFFERED PAPERS – PALLIATIVE CARE IN LONG-TERM CARE
Three 15-minute presentations, each followed by a 5-minute question period

A) Advancing Palliative Care in Long Term Care Facilities (LTCFs) in Europe Within the PACE Project: An Innovative Educational and Development Intervention
Sheila Payne1, Katherine Froggatt1, Jo Hockley1, Danni Collingridge Moore1, Lieve van den Block2
1. Lancaster University, Lancaster, Lancashire, United Kingdom
2. Vrije Universiteit, Brussels, Belgium

B) Does Using the interRAI Palliative Care Instrument Reduce the Needs and Symptoms of Nursing Home Residents? A Quasi-experimental Pretest-posttest Study
Kirsten Hermans1,2, Joachim Cohen1, Nele Spruytte1, Anja Declercq1, Chantal Van Audenhove1
1. KU Leuven, LUCAS, Center for Care Research and Consultancy, Leuven, Belgium;
2. Vrije Universiteit Brussel and University of Ghent, Brussels, Belgium

C) Death Acceptance Among Patients with Terminal Cancer
Ratchaneekorn Upasen, Sureeporn Thanasilp, Chulalongkorn University, Bangkok, Thailand

G13 PROFFERED PAPERS – PALLIATIVE CARE IN DEVELOPING COUNTRIES
Three 15-minute presentations, each followed by a 5-minute question period

A) The Changes, Challenges, and Coping Strategies of Men Living with Advanced Prostate Cancer in a Resource-poor Country
Yakubu Salifu1, Kathryn Almack2, Glenys Caswell1
1. University of Nottingham, Nottingham, United Kingdom
2. University of Hertfordshire, Hertfordshire, United Kingdom

B) Palliative Care During a Coup – Lessons from Zimbabwe
Beverley Sebastian, Island Hospice & Healthcare Zimbabwe, Harare, Zimbabwe

C) Patients' Experiences of Receiving Care During the End of Life in a Resource-poor Setting
Dalhat Sani Khalid1,2, Gina Higginbottom1, Christopher Bailey1
1. University of Nottingham, Nottingham, United Kingdom
2. Ahmadu Bello University, Zaria, Nigeria
G14 PRÉSENTATIONS COURTES – SÉDATION
Une série d’exposés de 15 minutes, chacun suivi d’une période de questions de 5 minutes

A) Sédation profonde et continue jusqu’au décès : de la terminologie des textes législatifs français à l’interprétation des professionnels de santé en France. Quelles appréhensions pratiques ?

Martyna Tomczyk, Bénédicte Beviere-Boyer, Marcel-Louis Viallard, Sadek Belouci
1. UFR droit, Université Paris 8, France; 2. Hôpital universitaire Avicenne, AP-HP, Université Paris XIII, Paris, France; 3. Hôpital Universitaire Necker-Enfants-Malades, AP-HP, Paris, France

B) Place de la sédation continue lors d’un arrêt de dialyse en France: Questionnement sur une situation clinique

Adrien Evin, Katell Severin, Nicole Seïté, Francine Bazebialo, Hélène Gaillard, Gwenola Le Go, Aurélie Lepeintre, Julien Nizard, CHU de Nantes, Nantes, Loire-Atlantique, France

C) Surveillance optimale de la sédation palliative continue en fin de vie: Le projet SOS

Diane Tapp, Diane Francoeur
1. Université Laval, Québec, QC, Canada; 2. Institut universitaire de cardiologie et de pneumologie de Québec-Université Laval, Québec, QC, Canada

Friday, October 5, 2018

16:00 – 17:30

CLOSING PLENARY

PL5 THE WAY OF PEACE: COMPASSION AND CARING AS THE WAY THROUGH

CARE & COMPASSION IN ACTION

Lynna Chandra, Trustee, Yayasan Rumah Rachel (Rachel House), Jakarta, Indonesia
Rachel House, the first Children’s palliative care service in Indonesia, was envisioned when there were no similar programs or trained professionals in the country. Driven by the conviction that no child should ever have to live or die in pain, compassion was the underlying foundation of the organisation and equitable access its reason for being. The outcome has been the flowering of this fountain of compassion, not just in the care that it provides, but extends far and beyond into the communities. As the service matures, the challenge will be to stay true to this original vision, and importantly the values and its guiding principles.

COMPASSION AS KEY TO SPIRITUAL RENEWAL

Thupten Jinpa, Celebrated author; Principal translator to H.H. the Dalai Lama; Founder and president, Institute of Tibetan Classics and Compassion Institute; Adjunct Professor, Tibetan Buddhist Philosophy, McGill University, Montréal, QC, Canada
Laurence Freeman, OSB, Benedictine monk, Director of the World Community for Christian Meditation, London, United Kingdom

Drawing from their individual spiritual traditions, Father Laurence and Thupten Jinpa will engage in an in-depth dialogue on how connecting with one’s own inner compassion is key to resilience and personal spiritual renewal, two factors crucial for those on the front lines of acute care-giving. Compassion helps keep the care-giver’s motivation alive, provide anchor for personal ethics, and enrich one’s profound sense of purpose, all of which help buffer against the constant threat of emotional burnout and compassion fatigue. When we allow ourselves to care for others in need we are able to connect with the deepest part of who we are as humans, that better half of our human nature. Both Father Laurence and Thupten Jinpa will offer practical tools on how to connect with and nurture our compassionate part and make this an active guiding force in our lives.
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<th>Monday October 1</th>
<th>Tuesday October 2</th>
<th>Wednesday October 3</th>
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<td>07:00 – 08:00</td>
<td>Registration</td>
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<td>14:00 – 15:30</td>
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<td>17:30</td>
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**Programme at a Glance**

**Monday October 1**

**07:45 – 08:45**

**Pediatric Palliative Care**

[see page 8]

**S1**

**Psychosocial Issues**

[see page 9]

**S2**

**Nursing Day**

[see page 10]

**S3**

**Clinical Master Class:**

Innovative Approaches to Pain Management

[see page 10]

**S4**

**Palliative Care 101**

[see page 11]

**S5**

**Community Mobilization, Advocacy and Volunteers**

[see page 12]

**S6**

**Whole Person Care**

[see page 13]

**S7**

**EVENINGS**

David Bourke Memorial Lecture – 19:30
(at McGill University)

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**Tuesday October 2**

**Registration**

**PL1 - PLENARY**

Caring Globally

David Clark
Okello Kelo Sam

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**Wednesday October 3**

**Self-Care Activities**

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**RF1 Research Forum**

---

**BREAK**

---

**BREAK**

---

**LUNCH BREAK**

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**LO2 - Innovation Challenge (12:40)**

Poster Viewing, Exhibits

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**B01 - Special Topics in Palliative Care Nursing**

---

**B02 - Pharmacotherapy**

---

**B03 - Research Methodology**

---

Workshops / Proffered Papers:

**B04 - B14**

---

**BREAK**

---

**C01 - Special Topics in Palliative Care Nursing**

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**C02 - Pharmacotherapy**

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**C03 - Research Methodology**

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Workshops / Proffered Papers:

**C04 - C14**

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**Memorial Service 17:40-18:10**
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<td><em>Caring as a Value</em></td>
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<td><strong>LO4 - Gastronomical Pleasures (12:50)</strong></td>
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There are 2 ways to register:

1) online at www.pal2018.com

or

2) by completing the Registration Form and faxing, mailing, or "scanning and emailing" it, to the Congress Secretariat. To obtain a registration form, either download it from the website, or call or email the Secretariat to request one (see page 2 for contact information).

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<td>Individual Days – Regular</td>
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Welcome Reception Tickets
One Welcome Reception ticket is included in the Full Congress registration fee. Additional tickets may be purchased for accompanying persons or by individual day registrants. Tickets: $45 CAN (include glass of wine or beverage of your choice, and light refreshments).

Other Tickets (Lunch Boxes, Networking Lunch, AURA)
Tickets for all optional activities must be purchased in advance, and are available when registering, either online or by completing a registration form. Space is limited. Prices per person per activity, including all taxes and service, are:

- **Networking Lunch** (Tuesday, Oct. 2, 12:30 pm): $33 CAN
- **Lunch Boxes** (for Innovation Challenge, Wed., Oct. 3; Poster Session, Thurs., Oct. 4; Plenary on Gastronomical Pleasures, Friday, Oct. 5): $40 CAN
- **AURA** (Thursday, Oct. 4, 8 pm, at Notre-Dame Basilica): $20.70 CAN

Session Selection
Please fill in the Session Selection of the registration form as space is limited. Reservations are on a first-come, first-served basis.

On-Site Registration
On-site registration will be accepted as of Tuesday morning only. Participants wishing to register on site are advised to arrive early.

Registration Hours

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<tr>
<th>Monday, October 1</th>
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<tr>
<td>Tuesday, October 2</td>
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<tr>
<td>Wednesday, October 3</td>
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<td>Thursday, October 4</td>
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<td>Friday, October 5</td>
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Congress Venue
Palais des Congrès
(Montréal Convention Centre)
201 Viger Street West, Montréal, Québec, Canada
Wheelchair access is available at 310 St. Antoine Street West. All hotels listed on page 67 are within a short walking distance.
Bienvenue à Montréal!

TELEPHONE RESERVATIONS should be made directly with the hotel of your choice. By indicating that you will be attending the 22nd International Congress on Palliative Care, you will be eligible for preferential room rates.

* Please mention group code “PAL 2018” when making your reservation.

InterContinental Montréal
360 St-Antoine West, Montréal, Québec
Tel: +1 514-987-9900
Toll-Free: 1 877-660-8550
Fax: +1 514-847-8730
E-mail: montreal@interconti.com
www.montreal.intercontinental.com
Rate: $245 CAN single/double (valid only until August 30, 2018 or while availability lasts)

Hyatt Regency Montréal
1255 Jeanne-Mance Street, Montréal, Québec
Tel.: +1 514-982-1234
Toll-Free: 1-800-361-8234
Fax: +1 514-285-1243
E-mail: ventes@hyatt.com
www.montreal.hyatt.ca
Rate: $229 CAN single/double (valid only until August 31, 2018 or while availability lasts)

Marriott SpringHill Suites
445 Saint-Jean Baptiste,
Montréal, Québec
Tel.: +1 514-875-4333
Toll-Free:* 1-866-875-7333
Rate: $235 CAN Standard King (valid only until September 3, 2018 or while availability lasts) (includes breakfast and internet access)

Hôtel Le Dauphin Montréal – Downtown
1025 de Bleury Street, Montréal, Québec
Tel.: +1 514-788-3888
Toll-Free:* 1-888-784-3888
Fax: +1 514-788-3889
E-mail: mtl_centre@hoteldauphin.ca
www.hoteldauphin.ca/en
Rate: $171 CAN single/double (valid only until September 1, 2018 or while availability lasts) (includes continental breakfast and WIFI)

Hôtel Travelodge Montréal Centre
50 René Levesque West, Montréal, Québec
Tel.: +1 514-874-9090
E-mail: reserve@travelodgemontreal.ca
www.travelodgemontrealcentre.com
Rate: $149 CAN single/double (valid only until September 1, 2018 or while availability lasts) (includes continental breakfast and WIFI) – mention "Palliative Care" and Block ID: 475 201

* Please note that Toll-Free numbers are for Canada and USA only.

Rates do not include the 3.5% lodging tax, nor the applicable taxes (GST: 5% and the QST: 9.975%) per room, per night.

For information on Montréal and its many attractions, visit: www.tourisme-montreal.org.
Acknowledgements

We would like to thank the following organizations for their generous and unrestricted educational grants.

"Compassion" level:
- Canadian Partnership Against Cancer
- Arbor Memorial Inc.
- RBC Royal Bank

"Courage" level:
- The Cole Foundation
  supporting palliative care for children and young adults

We are also very grateful for the support of the following organizations:

- Assembly of First Nations
- Canadian Frailty Network
- Canadian Hospice Palliative Care Association
- Canadian Indigenous Nurses Association
- Canadian Society of Palliative Care Physicians
- Canadian Virtual Hospice
- Department of Oncology, Faculty of Medicine, McGill University
- Fondation André Gauthier
- Global Partners in Care
- Hope & Cope
- Institut de tourisme et d’hôtellerie du Québec
- Réseau québécois de recherche en soins palliatifs et de fin de vie
  - The Council on Palliative Care
  - The David H. Laidley Foundation
  - West Island Palliative Care Residence

www.pal2018.com

For the complete list of sponsors, please visit our website.

This programme is also available in French.