



The New Brunswick Hospice Palliative Care Association hosts:

Palliative Care Involves You

May 9-10, 2019

Delta Beauséjour Moncton
75 Main Street
Moncton, NB, E1C 1E6
1-844-496-8551

| | |
|------------------------|----------------|
| Registration fee: | \$322.50 |
| Volunteers: | \$109.75 |
| Registration deadline: | April 18, 2019 |
| Late registration fee: | \$372.50 |

Registration: www.nbhPCA-aspnc.ca or by mail using attached form

Target audience: Nurses, physicians, other healthcare providers, volunteers and others with an interest in palliative care.

Thursday May 9, 2019

Friday May 10, 2019

07:30-08:30 REGISTRATION – NETWORKING – EXHIBITS

08:30-08:35 WELCOME AND OPENING REMARKS

08:35-10:00 DIGNITY THERAPY (E)

Dr. Harvey ChochinovMD, PhD, FRCPC, Distinguished Professor of Psychiatry at the University of Manitoba and Director of the Manitoba Palliative Care Research Unit, CancerCare Manitoba.

At the end of the presentation participants will:

- Understand the relevance of dignity within the context of palliative end-of-life care.
- Understand the connection between loss of dignity, meaning and will to live.
- Become familiar with an empirical model of dignity and how this can inform quality palliative care.
- Be introduced to the ABCD's of dignity conserving care.

10:00-10:30 BREAK – NETWORKING – EXHIBITS

10:30-11:30 PALLIATIVE TREATMENT OF ADVANCED LIVER DISEASE (E)

Dr. Amanda BriseboisMSc, MD, FRCPC, FACP and Dr. PuneetaTandonMD, FRCP(C), MSc(ClinEpi).

At the end of the presentation participants will:

- Understand growth in the cirrhosis population and the natural progression of cirrhosis.
- Understand the treatment basics of decompensated cirrhosis.
- Be able to prognosticate for cirrhosis patients.
- Be able to manage cirrhosis complications in the last year, weeks, and hours of life.
- Understand symptom management modifications in cirrhosis care.

11:30-12:30 POWER OF ATTORNEY – NOT JUST FOR THE ELDERLY (F)

Catherine Blomquist, Associate with McInnes Cooper and Chair of the Elder Law Section of the Canadian Bar Association (CBA), New Brunswick Branch.

At the end of the presentation participants will:

- Know the definition of POA.
- Be able to be comfortable talking to patients/clients about POA.
- Understand the difference between medical capacity and capacity for wills/POA.
- Understand the competing laws in New Brunswick regarding POA.
- Understand what the "Health Care Proxy" form is used for.

12:30-13:30 LUNCH – NETWORKING – EXHIBITS

13:30-14:30 THE EXPERIENTIAL LANDSCAPE OF PALLIATIVE END-OF-LIFE CARE (E)

Dr. Harvey ChochinovMD, PhD, FRCPC, Distinguished Professor of Psychiatry at the University of Manitoba and Director of the Manitoba Palliative Care Research Unit, CancerCare Manitoba.

At the end of the presentation participants will:

- Be provided with an overview of some of the psychological and existential challenges facing patients approaching death.
- Understand ways of eliciting personhood and its connection with patient and care provider experience will be explored.
- Be introduced to a legacy promoting intervention coined dignity therapy.

14:30-15:00 BREAK – NETWORKING – EXHIBITS

15:00-16:00 MANAGING GI COMPLICATIONS IN PALLIATIVE CARE (E)

Dr. Amanda BriseboisMSc, MD, FRCPC, FACP and Dr. PuneetaTandonMD, FRCP(C), MSc(ClinEpi).

At the end of the presentation participants will:

- Understand palliative principles and how they relate to treatment of: GI bleeding, luminal and biliary obstruction, and intractable constipation.
- Discuss the differences in therapies across the spectrum of medical to comfort care.

16:00-16:15 CLOSING REMARKS

07:30-08:00 REGISTRATION – NETWORKING – EXHIBITS

08:00-09:00 PALLIATIVE CARE AFTER A DEVASTATING STROKE (E)

Gordon Gubitz, FRCPC, Assistant Professor, Division of Neurology, Department of Medicine, Dalhousie University.

By the end of the session, the learner will be able to:

- Discuss the pathophysiology underlying devastating strokes.
- Locate and navigate the Canadian Stroke Best Practice Recommendations as they pertain to Palliation.
- Describe their individual role in stroke palliation

09:00-09:45 ANNUAL GENERAL MEETING

Shirley Vienneau, President NBHPCA.

0945-10:15 BREAK – NETWORKING – EXHIBITS

10:15-11:30 EXISTENTIAL SUFFERING: HOW CAN I HELP?(F)

Denis Belliveau, Regional Coordinator of Spiritual Care with Vitalité.

At the end of the presentation participants will:

- Identify different manifestations of existential suffering to better meet the person where he/she is at in their journey.
- Demonstrate deep listening skills that will result in ability to nurture genuine relationship with the person experiencing existential suffering.
- Create a safe place for the vulnerability of the person experiencing existential suffering, as well as one's own vulnerability, in order to experience common growth.

11:30-12:30 LUNCH – NETWORKING – EXHIBITS

12:30-13:30 MANAGING NEUROLOGICAL SYMPTOMS IN PALLIATIVE CARE (E)

Gordon Gubitz, FRCPC, Assistant Professor, Division of Neurology, Department of Medicine, Dalhousie University.

By the end of the session, the learner will be able to:

- Describe common neurological symptoms that can occur in patients as they approach the end of life.
- Formulate a basic management plan for these common symptoms.
- Discuss complications that can arise during the management of these symptoms.

13:30-14:30 DEMENTIA: WHEN IS IT A TERMINAL ILLNESS? (E)

Dr. M. Jason Macdonald MD, FRCPC, Geriatric Medicine & Internal Medicine.

At the end of the presentation participants will learn to:

- Recognize that dementia is a palliative illness.
- Recognize the importance of early initiation of advanced care planning discussions.
- Apply a palliative approach to symptoms of dementia, including (a) Agitation and (b) Appetite and feeding concerns.

14:30-14:45 CLOSING REMARKS – EVALUATIONS

Note: (E) – presentation in English
(F) – presentation in French

Lunch and breaks provided both days – Simultaneous translation offered for all sessions