

THE NEW BRUNSWICK HOSPICE PALLIATIVE CARE ASSOCIATION (NBHPCA)

L'ASSOCIATION DE SOINS PALLIATIFS DU NOUVEAU-BRUNSWICK (ASPNB)

WWW.NBHPCA-ASPNB.CA



Annual Report

May 2019 - Mai 2019

Shirley Vienneau

President NBHPCA - Présidente ASPNB

**THE NEW BRUNSWICK HOSPICE PALLIATIVE CARE ASSOCIATION
- L'ASSOCIATION DE SOINS PALLIATIFS DU NOUVEAU-BRUNSWICK**

MISSION STATEMENT

- The New Brunswick Hospice Palliative Care Association provides leadership to enhance quality end-of-life-care for individuals and families living with life threatening illnesses in New Brunswick, and works in collaboration with the Canadian Hospice Palliative Care Association and other provincial and national stakeholders to advance hospice palliative care in New Brunswick and in Canada.

CANADIAN HOSPICE PALLIATIVE CARE ASSOCIATION (CHPCA)

ASSOCIATION CANADIENNE DE SOINS PALLIATIFS (ACSP)

- ◉ The CHPCA is the national voice for Hospice Palliative Care in Canada.
- ◉ Advancing and advocating for quality end-of-life/hospice palliative care in Canada
- ◉ **Shirley Vienneau** has just completed 2 terms on the Board of Directors of CHPCA and **Lana Hebert** Vice President of NBHPCA will now be the New Brunswick representative.

CANADIAN HOSPICE PALLIATIVE CARE ASSOCIATION (CHPCA)

ASSOCIATION CANADIENNE DE SOINS PALLIATIFS (ACSP)

- ⦿ This year CHPCA revised their mission statement and vision by removing the words “end of life.”

Vision Statement

“ That all Canadians have access to quality Hospice Palliative Care”

CANADIAN HOSPICE PALLIATIVE CARE ASSOCIATION (CHPCA)

ASSOCIATION CANADIENNE DE SOINS PALLIATIFS (ACSP)

Mission Statement

“CHPCA is the national leader in the pursuit of quality Hospice Palliative Care in Canada through: public policy, education, knowledge translation, awareness, and collaboration.”

MEMBERSHIP IN BOTH THE NBHPCA AND THE CHPCA

- Registration in the annual NBPHCA education conference includes :
 - a one year membership to both
 - NBHPCA (\$15)
 - CHPCA (\$20) = \$35/yr
- The expiry date of memberships will be one year from the date of the entry in the Register of Members.
- We had 227 members this past year

NBHPCA BOARD MEMBERS

- 1 MEMBERS PER ZONE
- 2 MEMBERS AT LARGE



NBHPCA EXECUTIVE AND BOARD MEMBERS

Vienneau, Shirley	President - Bathurst
Turcotte, Dr. Renée	Past President - Moncton
Hebert, Lana	Vice-President - Moncton
Sainz, Dr. Bea	Secretary - Fredericton
Boudreau, Andrew	Treasurer - Moncton
Lutes, Joan	Administrative Assistant, Moncton
Levi, Carol	Member At Large - First Nation
Larlee, Randene	Member At Large - Moncton
Bloomquist, Catherine	Zone 1A - Moncton
Meadows Forgeron, Tradina	Zone 1B - Moncton
Bradford, Rachel	Zone 2 - Saint John
Ring, Wendy	Zone 3 - Fredericton
Thibodeau, Renelle	Zone 4 - Edmundston
Pelletier, Jolyane	Zone 5 - Campbellton
Roy, Helene	Zone 6 - Bathurst, Tracadie & al
Quinn, Amanda	Zone 7 - Miramichi

BOARD VACANCIES

There are no vacancies on the Board
this year !

BOARD OF DIRECTORS SEAT

- ⦿ A mandate on the Board is of 2 years duration.
- ⦿ A Director can renew his mandate for another term, total 4 years.
- ⦿ A Director must assist at 50% of all the Board meetings, including one face to face meeting.

COMMITTEES OF THE BOARD

- ◉ Communications

- ◉ Membership

- ◉ Nomination

- ◉ Fund Raising

- ◉ Education

COMMITTEES OF THE BOARD

◉ Ad Hoc:

- Medical Advisory
- Strategic Planning
- Small Communities Education
- AGM 2020
- Residential Hospice Committee

COMMITTEES OF THE BOARD

- ◉ Ad Hoc:

- 1) Residential Hospice Committee:

New committee formed to discuss present and future Hospice models in N.B. and bring the issues or concerns to NBHPCA and possibly the government.

COMMITTEES OF THE BOARD

First draft of residential hospice standards was written and presented to the health minister, Ted Flemming, on April 10 during his tour of *Hospice Fredericton* and we are awaiting comments from his department

COMMITTEES OF THE BOARD

2) Strategic Planning Committee:

- Writing our first multi- year strategic plan which will be approved in September 2019 to include:
 - a) Dissemination of information on hospice/palliative care principles and practices into various settings to support both health professionals and non traditional or informal care providers

COMMITTEES OF THE BOARD

b) Further the relationship between NBHPCA and other national non-profit organizations (ie- Canadian Cancer Society, MS Society of Canada, Alzheimer's Society etc.)

COMMITTEES OF THE BOARD

c) Advance the education of diverse audiences across the sector; including health care providers, families and community based providers living with, or caring for those with life threatening illnesses.

HIGHLIGHT

Bill C277:

- ⦿ A bill for development of a Palliative Care Framework in Canada passed in December 2017
- ⦿ Consultation process across Canada with a group of consultants was held during 2018 with a new framework presented in December 2018

HIGHLIGHT

- ◉ Four main recommendations;
 1. Palliative care training and education for health care providers and other caregivers
 2. Measures to support palliative care providers
 3. Research and the collection of data on palliative care
 4. Measures to facilitate equitable access to palliative care across Canada

HIGHLIGHTS

The NB Government has launched its “Integrated Services Framework in Palliative Care in New-Brunswick” on April 19, 2018

PALLIATIVE CARE in New Brunswick

A person-centred care and
Integrated services framework



HIGHLIGHTS

N.B.Palliative Care Advisory Committee

- Formed to advise the Department of Health on the implementation of palliative care services in accordance with the framework and directions provided in the written framework
- Dr. Pam Mansfield the NBHPCA rep
- 3 meetings to date
- -formed 2 working groups to focus on;

HIGHLIGHTS

N.B. Palliative Care Advisory Committee

- 1. How to integrate palliative care into primary care
- 2. Standardized assessments

HIGHLIGHTS

PROVINCIAL COMMITTEES

NBHPCA also sits on provincial government/
department of health committees

1. EM/ANB palliative care Project

- Integrating paramedics into palliative care

2. Dementia Strategy and Action Plan Future State Framework Review

HIGHLIGHTS

Fund raising activities:

These have been successful fundraisers



- ◉ Dragon Fly Brooch/Pendant & Earrings
- ◉ Ceramic mugs with the dragonfly symbol
- ◉ Ceramic trinkets bowls with dragonfly
- ◉ Ceramic bowl for rings, scarfs
- ◉ Dragonflies for hat or patio umbrella
- ◉ Wine glasses with dragonflies motives
- ◉ Annual Auction

Encourage everyone to be as proactive as they can in thinking of venues to sell our fund-raising item to assist with the cost of our annual educational conference and burseries.

HIGHLIGHTS

◎ Bursaries:

- 1. Peter Somerville Memorial Bursary: One \$2,000 bursary to attend a major Palliative Care Conference.
- 2. The Association also offered 2 bursaries valued at \$800 each to go towards CNA certification in Hospice Palliative Care
- 3. One bursary of \$350 to attend this, the NBHPCA 2019 conference.

HIGHLIGHTS

Mini Conferences:

- ◉ As it is very difficult to organize a big annual conference for small/medium size communities, the Board has decided to offer:
- ◉ ½ to 1 day conferences every year in the fall for small communities who would like to benefit it.
- ◉ This year's conferences will be held Oct.3 in Tracadie in French and Oct. 4 in Waterville in English
- ◉ Keep contact with your zone representative and visit our website to stay informed

HIGHLIGHTS

LEAP:

- The only bilingual palliative care education course in Canada which is being used as the primary education in N.B. There were many courses this year held in several centers in the province including LEAP for long term care which has been very successful in the Fredericton area
- New bilingual facilitators have been trained during the last year and there are more to come
- Do not hesitate to give your name and participate whenever these are available.

Keep contact with your zone representative and visit our website to stay informed

HIGHLIGHTS

Allotments:

- As it was done in past years, Zones of the NBHPCA who asked for were given the amount of \$500 to provide educational sessions where some was used for the mini education days in Mirimichi and Campbellton.
- And additional amount of \$125 to purchase “Speak Up” promotional material was available
- This will still be available this year, providing we have the budget.

HIGHLIGHTS

- ◉ Face Book Page- Like us!!

Donna-Lynn Steeves & Joan Peddle



- ◉ Website :

<http://www.nbhpcaspcnb.ca/>

The Board has hired a new webmaster and has created a new and much improved website which is cellphone compatible.

Donna Lynn Steeves and Renée Turcotte has been in charge of the project under the guidance of the communication committee.

HIGHLIGHTS

◉ Promotional Material

■ Speak Up/Parlons-en

- Book Marks

- Wallet Cards

- Poster

- Video:

<http://www.advancecareplanning.ca/resource/videos/>

■ Let's Talk About Hospice Palliative Care First Booklet

NATIONAL DAY FOR ADVANCE CARE PLANNING ON APRIL 16



“Start the conversation about end-of-life care.”

WATCH THE VIDEO . . . go to:

www.advancecareplanning.ca

NATIONAL BEREAVEMENT DAY NOV 21

November 21st
2017 was the first
Canadian National
Bereavement Day.

We encourage you
to organize
something for
**November 19,
2019**



It's time to talk about
grief in Canada.



National Bereavement Day

November 21, 2017 is National
Bereavement Day in Canada.

*What are grief and bereavement?
What can you do to help yourself and others?
What else can we do as Canadians?*

chpca.net/bereavementday













NATIONAL HOSPICE PALLIATIVE CARE WEEK - MAY 5 - 11, 2019







10 Myths ABOUT PALLIATIVE CARE

National Hospice Palliative Care Week | May 4-11, 2019

Test your knowledge about hospice palliative care myths throughout the week on Facebook (@CanadianHospicePalliativeCare) and on Twitter (@CanadianHPCAuss) using the hashtag #BustingTheMyths

<p>Myth 1 PALLIATIVE CARE IS ONLY ABOUT PAIN CONTROL</p> <p>Palliative care includes psychological, social, emotional, spiritual, care giver support and practical support</p> 	<p>Myth 6 I'M TOO YOUNG TO RECEIVE PALLIATIVE CARE</p> <p>Hospice palliative care is provided to people of all ages from infancy to adulthood</p> 
<p>Myth 2 I'M NOT READY TO RECEIVE PALLIATIVE CARE</p> <p>80% of people with life-limiting illness, such as a progressive neurological illness, organ failure, or frailty could benefit from palliative care</p> 	<p>Myth 7 PALLIATIVE CARE IS A LOCATION, NOT A RESOURCE</p> <p>Hospice palliative care is a service that can be provided in many settings, including the patient's home</p> 
<p>Myth 3 MY PHYSICIAN HASN'T MENTIONED IT TO ME, SO I MUST NOT NEED IT</p> <p>Patients can initiate conversations with health care teams related to hospice palliative care</p> 	<p>Myth 8 TALKING ABOUT DYING CAUSES STRESS FOR MY LOVED ONES</p> <p>A cultural shift in how we talk about death and dying is required to facilitate acceptance and understanding of what palliative care is and how it can positively impact people's lives</p> 
<p>Myth 4 MY COMMUNITY DOESN'T HAVE A HOSPICE SO I CAN'T ACCESS HOSPICE PALLIATIVE CARE</p> <p>Palliative care can be provided at home, in a long term care facility, hospice or hospital</p> 	<p>Myth 9 PALLIATIVE CARE IS ONLY FOR PATIENTS NEAR THE END OF THEIR LIVES</p> <p>Palliative care benefits patients and families from diagnosis until end of life</p> 
<p>Myth 5 RECEIVING PALLIATIVE CARE MEANS I'VE ADMITTED DEFEAT</p> <p>Palliative care is for anyone at any stage of their illness, aimed at improving quality of life for patients and their families</p> 	<p>Myth 10 CHILDREN CANNOT RECEIVE HOSPICE PALLIATIVE CARE</p> <p>Children need care that is appropriate to their condition/illness, their size, age, understanding of their condition and its implications, and their spiritual and emotional awareness</p> 

For more information, please visit www.chpca.net/week

HIKE FOR HOSPICE: MAY 5, 2019



TRAINING

- ◉ CSPCP - Conference in Toronto, May 23 - 25, 2019
- ◉ 2019 CHPCA Conference « Embracing Partnerships Towards a Shared Vision » in Ottawa, September 19- 21, 2019
- ◉ Living well, Dying Well Conference, Saint John, November 8, 2019 with a free public lecture on November 7, 2019

CLOSING MESSAGE FROM THE PRESIDENT