

# THE NEW BRUNSWICK HOSPICE PALLIATIVE CARE ASSOCIATION (NBHPCA)

## L'ASSOCIATION DE SOINS PALLIATIFS DU NOUVEAU-BRUNSWICK (ASPNB)

[WWW.NBHPCA-ASPNB.CA](http://WWW.NBHPCA-ASPNB.CA)



Annual Report

May 2019 - April 2020

Shirley Vienneau

President NBHPCA - Présidente ASPNB

**THE NEW BRUNSWICK HOSPICE PALLIATIVE CARE ASSOCIATION  
- L'ASSOCIATION DE SOINS PALLIATIFS DU NOUVEAU-BRUNSWICK**

**MISSION STATEMENT**

- The New Brunswick Hospice Palliative Care Association provides leadership to enhance quality end-of-life-care for individuals and families living with life threatening illnesses in New Brunswick, and works in collaboration with the Canadian Hospice Palliative Care Association and other provincial and national stakeholders to advance hospice palliative care in New Brunswick and in Canada.

# CANADIAN HOSPICE PALLIATIVE CARE ASSOCIATION (CHPCA)

## ASSOCIATION CANADIENNE DE SOINS PALLIATIFS (ACSP)

- ◉ The CHPCA is the national voice for Hospice Palliative Care in Canada.
- ◉ Advancing and advocating for quality end-of-life/hospice palliative care in Canada
- ◉ **Lana Hebert, incoming** President of NBHPCA is the New Brunswick representative on the Board of Directors for CHPCA.

# CANADIAN HOSPICE PALLIATIVE CARE ASSOCIATION (CHPCA)

## ASSOCIATION CANADIENNE DE SOINS PALLIATIFS (ACSP)

### Vision Statement

“ That all Canadians have access to quality  
Hospice Palliative Care”

### Mission Statement

“CHPCA is the national leader in the pursuit of  
quality Hospice Palliative Care in Canada  
through: public policy, education, knowledge  
translation, awareness, and collaboration.”

## MEMBERSHIP IN BOTH THE NBHPCA AND THE CHPCA

- Registration in the NBPHCA includes
- a one year membership to both
  - NBHPCA (\$15)
  - CHPCA (\$20) = \$35/yr
- The expiry date of memberships will be one year from the date of the entry in the Register of Members.
- We had 247 members this past year

# NBHPCA BOARD MEMBERS

- 1 MEMBERS PER ZONE
- 2 MEMBERS AT LARGE



# NBHPCA EXECUTIVE AND BOARD MEMBERS

<b>Vienneau, Shirley</b>	<b>President - Bathurst</b>
<b>Turcotte, Dr. Renée</b>	Past President - Moncton
<b>Hebert, Lana</b>	Vice-President - Moncton
<b>Sainz, Dr. Bea</b>	Secretary - Fredericton
<b>Boudreau, Andrew</b>	Treasurer - Moncton
<b>Lutes, Joan</b>	Administrative Assistant, Moncton
<b>Levi, Carol</b>	Member At Large - First Nation
<b>Larlee, Randene</b>	Member At Large - Moncton
<b>Bloomquist, Catherine</b>	Zone 1A - Moncton
<b>Meadows Forgeron, Tradina</b>	Zone 1B - Moncton
<b>Bradford, Rachel</b>	Zone 2 - Saint John
<b>Ring, Wendy</b>	Zone 3 - Fredericton
<b>Thibodeau, Renelle</b>	Zone 4 - Edmundston
<b>Pelletier, Jolyane</b>	Zone 5 - Campbellton
<b>Roy, Helene</b>	Zone 6 - Bathurst, Tracadie & al
<b>Quinn, Amanda</b>	Zone 7 - Miramichi

# BOARD VACANCIES

Zone 1A - Moncton/Beausejour  
Member at Large - First Nations



# BOARD OF DIRECTORS SEAT

- ⦿ A mandate on the Board is of 2 years duration.
- ⦿ A Director can renew his mandate for another term, total 4 years.
- ⦿ A Director must assist at 50% of all the Board meetings, including one face to face meeting.

# COMMITTEES OF THE BOARD

- ◉ Communications
- ◉ Membership
- ◉ Nomination
- ◉ Fund Raising
- ◉ Education

# COMMITTEES OF THE BOARD

## ◉ Ad Hoc:

- Medical Advisory
- Strategic Planning
- Small Communities Education
- AGM / Annual conference 2021
- Residential Hospice Committee

# COMMITTEES OF THE BOARD

- ◉ Ad Hoc:

- 1) Residential Hospice Committee:

Committee formed to discuss present and future Hospice models in N.B. and bring the issues or concerns to NBHPCA and possibly the government.

Residential hospice standards have been written and presented to the Department of Health however have not yet been endorsed by them. They are posted on the NBHPCA website.

# COMMITTEES OF THE BOARD

## 2) Strategic Planning Committee:

NBHPCA has developed its very first Strategic Plan and includes 3 strategies;

### ◉ Strategy #1

Dissemination of information on hospice/palliative care principles and practices into various settings to support both health professionals and non traditional or informal care providers

# COMMITTEES OF THE BOARD

## 2) Strategic Planning Committee (Cont'd):

### ◉ Strategy #1 Actions:

- ❖ Improve contact with First Nations, LGBTQ+ and multicultural associations
- ❖ ADVOCACY- Meet with government departments to support Palliative and Hospice Care and promote Advance Care Planning
- ❖ PROMOTION- Promote community grief support groups

# COMMITTEES OF THE BOARD

## 2) Strategic Planning Committee (Cont'd):

### ◎ Strategy #2

- ❖ Advance the education of diverse audiences across the sector; including health care providers, individuals, families and community-based providers living with, or caring for, those with life threatening illnesses

# COMMITTEES OF THE BOARD

## 2) Strategic Planning Committee (Cont'd):

### ⦿ **Strategy #2 Actions:**

- ❖ Information sharing: Provide information about palliative resources to families and caregivers
- ❖ Standards: Encourage the development of general standards for palliative care and hospice care to include educational curriculum for health care providers



# COMMITTEES OF THE BOARD

## 2) Strategic Planning Committee (Cont'd):

### ⦿ **Strategy #2 Actions (Cont'd):**

- ❖ Public Relations: Create community interest in education on palliative care and public education related to Advance Care Planning

# COMMITTEES OF THE BOARD

## 2) Strategic Planning Committee (Cont'd):

### ◉ Strategy #3

Further the relationship between NBHPCA and other national non-governmental organizations (NGOs)

# COMMITTEES OF THE BOARD

## 2) Strategic Planning Committee (Cont'd):

### ⦿ **Strategy #3 Actions:**

- ❖ Financial/Environmental Impact-  
Work to eliminate shroud kit
- ❖ Collaboration - Identify and collaborate with community stakeholders- Involve community leaders, clergy, politicians, and health professionals

# HIGHLIGHTS

The NB Government has launched its “Integrated Services Framework in Palliative Care in New-Brunswick” on April 19, 2018

## PALLIATIVE CARE in New Brunswick

A person-centred care and  
Integrated services framework



# HIGHLIGHTS

## N.B. Palliative Care Advisory Committee

- Formed to advise the Department of Health on the implementation of palliative care services in accordance with the framework and directions provided in the written framework
- Dr. Pam Mansfield the NBHPCA rep
- Formed 2 working groups to focus on:
  - 1) How to integrate palliative care into primary care
  - 2) Standardized assessments

# HIGHLIGHTS

## Provincial Committees

NBHPCA also sits on provincial government/  
department of health committees:

- 1. EM/ANB palliative care Project:
  - Integrating paramedics into palliative care
- 2. Dementia Strategy and Action Plan
- Future State Framework Review

# HIGHLIGHTS

## ◎ Bursaries:

Due to this years unfortunate Covid-19 situation and the NBHPCA's uncertain financial status we had made the decision to cancel some of the bursaries. **The Peter Somerville Memorial Bursary** of \$2,000 to attend a major Palliative Care Conference is the only bursary to be awarded this year. As states in the application it will only be awarded once proof of attendance has been received.

# HIGHLIGHTS

## Mini Conferences:

- ◉ As it is very difficult to organize a big annual conference for small/medium size communities, the Board has decided to offer:
- ◉ ½ to 1 day conferences every year in the fall for small communities who would like to benefit it.
- ◉ This year's conferences will be held Oct. 1 2020 in Edmundston (French) and Oct. 2, 2020 in St. Stephen (English).
- ◉ Keep contact with your zone representative and visit our website to stay informed.



# HIGHLIGHTS

## LEAP:

- ❑ The only bilingual palliative care education course in Canada which is being used as the primary education in N.B. There were many courses this year held in several centers in the province including LEAP for long term care which has been very successful in the Fredericton area
- ❑ New bilingual facilitators have been trained during the last year in the RHA's and at Extra Mural and there are more to come
- ❑ With the help of facilitators from EMP, Ambulance N.B. has trained their paramedics with the LEAP paramedic course to improve their response to the palliative population
- ❑ Do not hesitate to give your name and participate whenever these are available.

Keep contact with your zone representative and visit our website to stay informed

# HIGHLIGHTS

## ◎ Allotments:

- As it was done in past years, Zones of the NBHPCA who asked for were given the amount of \$500 to provide educational sessions.
- An additional amount of \$125 to purchase “Speak Up” promotional material was available
- This will still be available this year, providing we have the budget and the ability to provide such sessions because of the Pandemic

# HIGHLIGHTS

- ◉ Face Book Page: Like us!!

Donna-Lynn Steeves & Joan Peddle



- ◉ Website :

<http://www.nbhpcaspcnb.ca/>

Please refer to our much improved website which is cellphone compatible.

Donna Lynn Steeves and Renée Turcotte has been in charge of the project under the guidance of the communication committee.

# HIGHLIGHTS

## ◉ Promotional Material:

### ■ Speak Up/Parlons-en

- Book Marks

- Wallet Cards

- Poster

- Video:

<http://www.advancecareplanning.ca/resource/videos/>

### ■ Let's Talk About Hospice Palliative Care First Booklet

# NATIONAL DAY FOR ADVANCE CARE PLANNING ON APRIL 16



“Start the conversation about end-of-life care.”

WATCH THE VIDEO . . . go to:

[www.advancecareplanning.ca](http://www.advancecareplanning.ca)

# NATIONAL HOSPICE PALLIATIVE CARE WEEK MAY 4-10, 2020

- ◉ National Hospice Palliative Care Week
- ◉ A time to celebrate and share achievements of hospice palliative care.
- ◉ This year's campaign is entitled "Busting The Myths".
- ◉ Refer to CHPCA for a downloadable poster that debunks popular myths and a FAQ poster that answers some of the frequently asked questions about hospice palliative care in Canada

# TRAINING

- ◉ CSPACE - Conference in Hamilton, May 28 - 30, 2020
- ◉ International Congress on Palliative Care  
Montreal October 13-16, 2020

# CLOSING MESSAGE FROM THE PRESIDENT

As the outgoing NBHPCA President, I want to take a moment to thank the NBHPCA executive and membership for their hard work each year. As a volunteer Board, we have accomplished a lot of work in our spare time. One major accomplishment this year was the writing of our first strategic plan including the work plan. I would like to thank Rachael Bradford for her time and patience in guiding and helping us to reach this goal for our association.

With the COVID-19 Pandemic these last few months and the months to come will certainly be shaping a new health care world. The palliative care world has also changed and many people are dying alone and without their loved ones. The end of life phase occurs quickly and there is no time for any preparation. There are no funerals or family gatherings and the grieving process is not occurring in the normal patterns. We will be looking at delayed bereavement by families and this will have to be a new type of support we will have to deal with.



# CLOSING MESSAGE FROM THE PRESIDENT

As health care workers trying to deal with our families in this pandemic time we are trying to support the sick as well.

We must support our vulnerable populations and their support systems.

Most importantly we must support each other, take a time out when we need it and listen to the public health experts. The world seems to be on pause right now and there are no normals for anyone.

Hopefully as the new Board takes over with Lana Hebert as President, as an association we will continue to be advocates for the hospice palliative care population.

Thank you,

Shirley Vienneau RN BScN