

The New Brunswick Hospice Palliative Care Association hosts:



Palliative Care Virtual Conference: Equity in Palliative care

May 10th, 2024 Via Zoom platform

8am to 3pm AST

Registration: <https://nbhpca-aspnb.ca/2024-conference/>

Registration fee: **\$150**. Registration deadline: **Thursday, May 9th, 2024**

Target audience: Nurses, physicians, other healthcare providers, volunteers and others with an interest in palliative care.

Educationally approved/co-sponsored by Dalhousie University Continuing Professional Development and Medical Education. In keeping with CMA Guidelines, program content and selection of speakers are the responsibility of the planning committee. Support is directed toward the costs of the course and not to individual speakers through an unrestricted educational grant.



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08:00-9:00: SPIRITUAL CARE PANEL

Pam Driedger, MDiv, CSPC, CSE, Manager of Spiritual Care, Panelists TBD

At the conclusion of this activity, participants will be able to:

- Explore various religious and cultural beliefs/practices as they relate to palliative care.
- Session includes Q+A with expert panelists involved in different faith communities.

9:00-10:00: INDIGENOUS HEALTH AND PALLIATIVE CARE

Panel discussion with:

Neebun Bear, project support manager for *Kmawhusahtipon – Togi pematioog – Moving Forward Side-by-Side (KTMF) First Nations Cancer Initiative*

Aaron Hatty, MNRN, Regional Manager of Indigenous Health Programming, Horizon Health Network

Genevieve Sanipass, Elder with Corrections Canada and for the Oeliangitasoltigo Mental Wellness Team whose member communities are *Elsipogtog, Indian Island, Buctouche, and Fort Folly First Nations*.

At the conclusion of this activity, the participant will be able to:

- Identify different cultural and ceremonial practices when caring for Indigenous patients at end of life
- Recall a lived experience of caring for a loved one at end of life
- Appreciate barriers that impair equitable access to palliative care among Indigenous populations.

10:00-10:15 BREAK

10:15-11:15 SIMULTANEOUS TALKS (recordings will be provided afterward)

PALLIATIVE CARE FOR PATIENTS EXPERIENCING HOMELESSNESS

Dr. Sara Davidson, MD, CCFP

At the conclusion of this activity, participants will be able to:

- Identify intra-personal and healthcare-based barriers that impact health care delivery.
- Avoid community and systemic barriers to providing palliative care for people experiencing homelessness.
- List issues impacting delivery of quality palliative care to people experiencing both homelessness and substance use disorder.
- Discuss strategies to reduce stigma in health care that leads to greater equity for people experiencing homelessness.

PALLIATIVE CARE: An experience in Nepal

Dr. Christian Mackin, MD, CCFP and Dr. Jacqueline Hui, MD, MHPE, CCFP (PC), FCFP, DTMH

At the conclusion of this activity, participants will be able to:

- Summarize the experience of providing palliative care on a team in Nepal
- Identify barriers to access, including socioeconomic and cultural factors, in comparison to Canada

11:15-11:45 BREAK

11:45-12:45 Ethical Challenges in Providing Palliative Care to Patients and Families

Dr. Timothy Christie, BA, MA, MHSc, PhD

At the conclusion of this activity, participants will be able to:

- Explain common ethical challenges encountered in palliative medicine through case-based discussion.

12:45-13:45 Providing Palliative care to Sexual and Gender Minority Individuals

Dr. Alexandre Coholan, MD, CCFP (PC), HBSc

At the conclusion of this activity, participants will be able to:

- Outline findings from research project *Canadian Physicians' Attitudes and Experiences Providing Palliative Care (PC) to Sexual and Gender Minority (SGM) Individuals*.
- Identify how disparities affect SGM people in PC.
- Discuss what interventions may improve PC for SGM people.
- Reflect on individual and institutional practices to identify strengths and areas for improvement.

13:45-14:00 BREAK

14:00-15:00 SIMULTANEOUS TALKS (recordings will be provided afterward)

PAIN MANAGEMENT IN PALLIATIVE PATIENTS WITH OPIOID USE DISORDER

Dr. Katrin Conen, MD, FRCPC

At the end of this activity, participants will be able to:

- Define OUD
- Propose approaches on managing pain when it co-exists with OUD in a palliative care setting.
- Identify an approach to discuss goals, safe prescribing, and harm reduction with patients.
- Plan complex pain management in patients on Opioid Agonist Therapy (OAT).
- Reflect on the role of palliative care specialists and our practice in the context of the national opioid crisis.

MANAGEMENT OF MALIGNANT WOUNDS

Ashley Hogan, RN

At the conclusion of this activity, participants will be able to:

- Recall wound definition and descriptions
 - Explain the role of the NSWOC and other health care professionals
 - Identify principles of wound assessment
 - Plan for complications and dressing considerations in wound care product selection
 - Manage common symptom issues eg. Bleeding, odour, pain, pruritis, exudate
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This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Dalhousie University Continuing Professional Development and Medical Education for up to 6.0 MAINPRO+ credits.

As an accredited provider, Dalhousie University Continuing Professional Development and Medical Education, designates this continuing professional development activity for up to 6.0 credit hours as an accredited group learning Section 1 activity as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found online at edhub.ama-assn.org.